



The Royal
Australian &
New Zealand
College of
Psychiatrists



Is psychiatry re-enacting
the myth of Sisyphus?

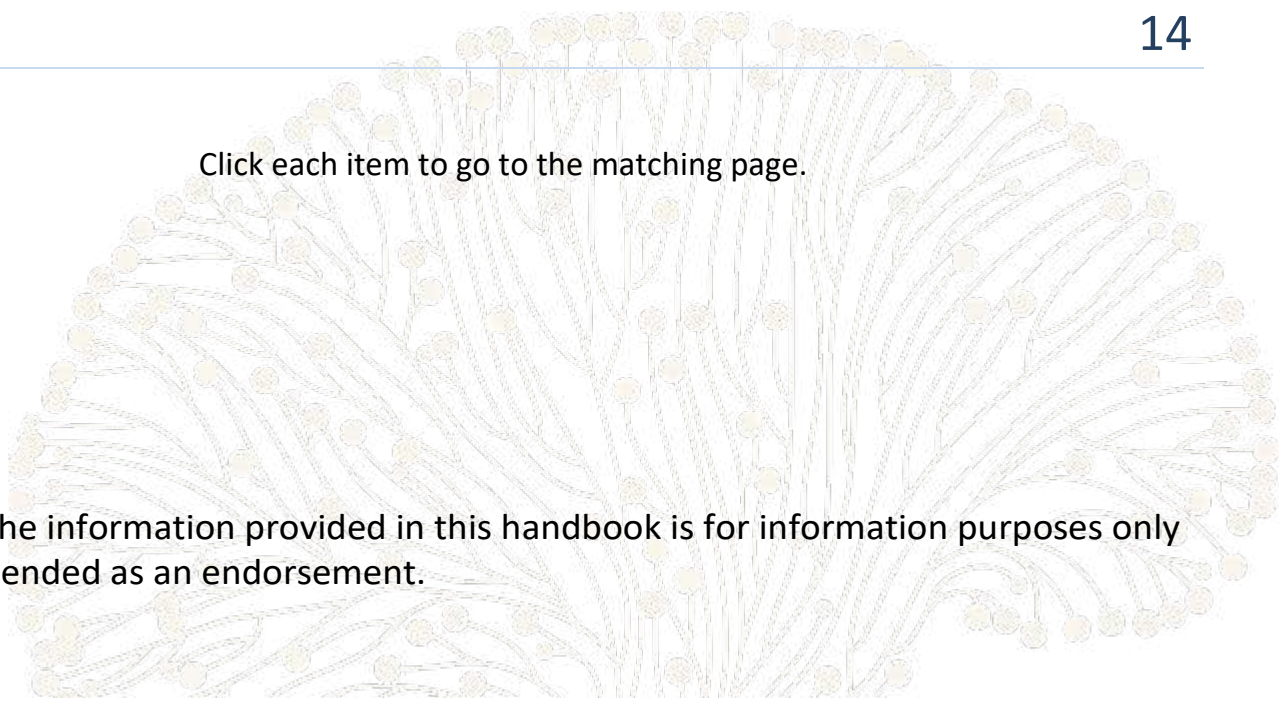
Tasmania Branch Conference
22–24 November 2024
Peppers Silo Launceston

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The Royal Australian and New Zealand College of Psychiatrists Tasmania Branch is delighted to welcome you to the 2024 Tasmania Branch Conference.

Psychiatry is in such an exciting phase, with new medications, new mechanisms of action, new ways of integrating psychotherapy and neurobiology. But are we ready and able to capitalise on these gains and ensure better, enduring outcomes for our patients and their families? Or are we merely going to push the proverbial boulder to the top of the hill, simply to see it roll down again? This conference has a broad scope, with clinical updates on topics relevant to all in the field. And there will be plenty of time for discussion, both formal and informal, as we try to plan for a better future for our discipline.

This educational conference is supported by a sponsorship provided by



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Program

Friday 22 November 2024

Town Point Function Room

1800-1900 Welcome reception

Saturday 23 November 2024

King's Wharf Lounge

0800-1600 Registration open

Welcome

0845-0855 Celebration of Country in *palawa kani*
Daisy Allan

0855-0900 Opening Address
Professor David Castle

Pushing the Therapeutic Boundary

Chair: Dr Ana Lusicic

0900-0945 Novel mental health services for children in out of home care -from "Silo to Joint Care"
Associate Professor Rajeev Jairam and Natalie Medel

0945-1030 Psychedelics and psychiatry: controversies
Professor David Castle

1030-1100 Morning tea

1100-1130 Panel
Associate Professor Rajeev Jairam, Natalie Medel and Professor David Castle

Keynote Presentation

Chair: Dr Ben Elijah

1130-1230 The search for biomarkers of schizophrenia - a moving target?
Professor Christos Pantelis

1230-1330 Lunch

Putting the Brain back into Psychiatry

Chair: Professor Chris Pantelis

1330-1400 Disease modifying treatments for Alzheimer's disease: a new frontier
Dr Andrew Gleason

1400-1430 Neurology and psychiatry: Bedfellows or bed-foe
Dr Sarah Lee

1430-1500 The role of blood and cerebrospinal fluid biomarkers in helping distinguish psychiatric from neurodegenerative disorders
Professor Dennis Velakoulis

1500-1530 Afternoon tea

1530-1600 Panel
Dr Andrew Gleason, Dr Sarah Lee and Professor Dennis Velakoulis

Address from the Chief Psychiatrist

Chair: Dr Ben Elijah

1600-1645 Design considerations for acute mental health inpatient units
Adjunct Professor Dinesh Arya

1645-1655 Day one educational program closing remarks.

Town Point Function Room

1830-2200 Conference Dinner (ticketed)

Presentation of the Tasmania Branch Meritorious Service Award 2024

Entertainment: Comedian Rachel Berger

Sunday 24 November 2024

King's Wharf Lounge

0830-1000 Registration open

Putting the Mind Back into Psychiatry

Chair: Professor David Castle

0900-1000 Trying to meet the challenge of psychotherapy for narcissistic personality disorder
Associate Professor Frank Yeomans

1000-1030 Am I re-enacting the myth of Sisyphus after four years of running a registrar reflective space? Brief reflections on a vignette from a consultant and registrar co-led confidential registrar space
Dr Gabriel Feiler

1030-1100 Panel
Dr Gabriel Feiler and Dr Lev Fridgant

1100-1130 Morning tea

Professional Issues in Psychiatry

Chair: Dr Honor Pennington

1130-1200 What CAMHS can do for you: reform in the youth, forensic and Out-of-Home-Care space
Professor Brett McDermott

1200-1230 Mythical diagnosis revisited.
Dr Stephen Rosenman

1230-1250 Panel
Professor Brett McDermott and Dr Stephen Rosenman

1250-1300 Dr Ben Elijah
Conference closing remarks

1300 Conference close

Professor Christos Pantelis

Christos Pantelis is Foundation Professor of Neuropsychiatry and immediate former Scientific Director of Melbourne Neuropsychiatry Centre, at The University of Melbourne. He has been NHMRC Senior Principal Research Fellow since 2010 (currently L3).

He is an international leader in neuroimaging/neuropsychological of schizophrenia. He was first to describe brain changes during transition to psychosis and examined dynamic brain changes (structural/functional) across illness stages. He has >700 publications, 3 books, including papers in high-profile international (incl. Nature/Science) journals; >170 talks world-wide since 2010. Web of Science (WOS): 51,880 cites, h-index=111. 'highly-cited' (HiCi) scientist each year since 2014. Google Scholar: 86,514 cites, h-index=146; listed in 2024 inaugural Highly Ranked Scholars (ScholarGPS). He has won a number of awards, including the 2023 Senior Research Award from the RANZCP and 2023 Founders Medal from Society for Mental Health Research.

He established a resource of >8,000 multimodal brain scans, most recently in treatment-resistant schizophrenia. He is investigator in numerous international consortia. Recent work focuses on risk/resilience factors during neurodevelopment (incl. in children with schizotypal disorder), and neurobiology of brain changes (incl. iron/oxidative stress). As part of NHMRC Program Grant he established a novel neurodevelopmental mouse model to examine normal/abnormal (MIA-influenza) brain trajectories, and treatments.



Invited speakers

Associate Professor Rajeev Jairam



A/Prof Rajeev Jairam is a senior child psychiatrist and the clinical director of ICAMHS, SWSLHD, one of the largest multifaceted iCAMHS services in NSW; conjoint A/Prof WSU and UNSW. He has worked across multiple inpatient, community and special purpose teams across his over 23 years of clinical experience and has been instrumental in providing leadership and growing the service incorporating several improvements along the way. His research interests include mood disorders, adolescent inpatient mental health, mental health interventions for children in OOHC, patient journeys from the emergency department to community mental health and early intervention in

child and adolescent mental health and he has about 30 publications in addition to being a reviewer for several international Journals. He is actively leading and involved in multiple grant funded research projects including evaluating the effectiveness of the novel mental health teams. He aspires a truly collaborative service intertwined at multiple clinician-researcher levels with quality improvement as an integral part of what we do every day in the provision of great quality care, we continue to provide for the most vulnerable people. He is a passionate clinician, administrator, teacher and researcher. He is part of various district and state level peak committees with the NSW ministry of health including on Safeguards and out of home care.

Natalie Medel



Natalie Medel is the Team Leader and Senior Clinical Psychologist of the Out of Home Care/Whole Family Team (OOHC/WFT) at SWSLHD, a pioneering Tier 4 therapeutic mental health service. Since its inception in late 2016, Natalie has been a cornerstone in the establishment of OOHC/WFT, a service dedicated to providing specialist mental health and drug health assessments and interventions for children and young people in out-of-home care, as well as families dealing with significant child protection issues, as well as mental health and drug health issues.

With a robust clinical background and a deep interest in trauma, Natalie has been a valuable part of iCAMHS in SWSLHD since 2007, including her work at the Rivendell Child and Adolescent Mental Health Unit. Over the past decade, she has taken on various

leadership roles within iCAMHS, continuing to offer her expertise and guidance to

OOHC/WFT. Natalie's passion lies in supporting vulnerable and disadvantaged children, families, and carers, while fostering strong partnerships with the Department of Communities and Justice and other key stakeholders.

Professor David Castle

David is Professor, Department of Psychiatry at the University of Tasmania, and Co-Director, Tasmanian Centre for Mental Health Service Innovation. He has wide clinical and research interests, encompassing schizophrenia and related disorders, bipolar disorder, OCD spectrum disorders and disorders of body image. He has a longstanding interest in the impact of licit and illicit substances on the brain and body, and is actively engaged in programmes addressing the physical health of the mentally ill and the mental health of the physically ill. He has published widely in the scientific literature and is a frequent speaker at scientific meetings.



Dr Andrew Gleason



Dr Andrew Gleason is a neuropsychiatrist and psychogeriatrician. He is Head of the Department of Consultation-Liaison Psychiatry at Concord Hospital in Sydney, where he works in young-onset dementia and neuroimmunology services. He also runs Huntington's disease clinics in Northern Tasmania. He is an Honorary Principal Research Fellow at the University of Melbourne, a Clinical Senior Lecturer at the University of Sydney, and is a member of the COMBAT-AD research group at Macquarie University.

Dr Sarah Lee

Dr Sarah Lee is a neurologist with clinical experience in chronic degenerative neurological disorders. She has completed her neurology training at Eastern Health and was a Fellow in Behavioural Neurology at the Eastern Cognitive Disorders Clinic in 2016. She also works at Calvary Hospital and has a particular interest in the genetics of degenerative diseases.



Dr Dennis Velakoulis



Professor Dennis Velakoulis (MBBS, FRANZCP, DMedSci, MMed) is a consultant neuropsychiatrist and Director of the Royal Melbourne Hospital Neuropsychiatry Centre Royal Melbourne Hospital since 2001. Over this time he has overseen the development of the Neuropsychiatry Centre into an internationally unique service in terms of its breadth and quality of clinical and clinical research work. Professor Velakoulis has supervised and mentored numerous psychiatrists, has published extensively and been highly successful in grants. Professor Velakoulis' academic successes are founded on the development of collaboration across clinical and research teams, locally and internationally. This collaboration has extended across neuropsychiatric research areas in schizophrenia, epilepsy, neurodegeneration

(especially younger onset dementia) and deep brain stimulation in obsessive compulsive disorder.

Adjunct Professor Dinesh Arya

Professor Dinesh Arya is Deputy Secretary Clinical Quality, Regulation and Accreditation Group at the Tasmania Department of Health, Tasmania's Chief Medical Officer and Chief Psychiatrist. He has held similar roles in other jurisdictions in Australia.

Dr Arya is a Fellow of the Royal Australian and New Zealand College of Psychiatrists, the Royal Australasian College of Medical Administrators and the Australian College of Health Service Management. He has also completed a Masters in Business, a Masters in Bioethics and Health Law, an Executive Masters in Public Administration, Masters in Data Science, Strategy and Leadership and is a Graduate of the Australian Institute of Company Directors. He is also a Master Black Belt in Lean Six Sigma.



Dr Arya's previous senior executive roles have been both at the jurisdictional level and in the public health sector in New Zealand, Western Australia, New South Wales, Northern Territory, ACT and in the private health sector in the Middle East. He has held professorial appointments with Flinders University and Charles Darwin University and has taught at Masters-level - innovations in project management at the University of Sydney and quality improvement, international health policy and health services management at other universities.

Associate Professor Frank Yeomans



Frank Yeomans is Clinical Associate Professor of Psychiatry at the Weill Medical College of Cornell University, Director of Training at the Personality Disorders Institute of Weill-Cornell, Lecturer in Psychiatry at the Columbia University College of Physicians and Surgeons Center for Psychoanalytic Training and Research, and Director of the Personality Studies Institute in Manhattan. He graduated from Harvard College and went on to obtain his M.D. from the Yale University School of Medicine and complete his training in psychiatry at the Payne Whitney Clinic of the New York Presbyterian Hospital-Weill Medical College.

Dr Gabriel Feiler

Gabriel Feiler is a psychiatrist who works as a medical psychotherapist in private practice, a psychotherapy supervisor with St Vincent's hospital, Melbourne, and an honorary fellow of the University of Melbourne. He graduated in psychoanalytic psychotherapy with the Victorian Association of Psychoanalytic Psychotherapy (VAPP) in 2021. He is currently a member of the VAPP Ethics committee. He is involved in supervision and teaching of psychotherapy and provision of systemic reflective practice for staff members at St

Vincent's Mental Health, Melbourne. In 2023, he was awarded the inaugural John Mark Davis Award by the Psychoanalytic Psychotherapy Association of Australasia (PPAA). In 2022, he was awarded 'Consultant of the Year' at St Vincent's Hospital Melbourne.



Gabriel has previously been involved with the Royal Australian and New Zealand College of Psychiatrists (RANZCP) Victorian Faculty of Psychotherapy (FoP) in his previous role as secretary and member of the FoP committee from 2015-2019. He continues to be involved in professional development events and advocacy related to embedding more psychotherapy teaching, training, and reflective practice into mental health care. He shared the primary authorship of the 2019 Victorian FoP submission to the Victorian Royal Commission (now Appendix 1 of the RANZCP Vic Branch submission to the Royal Commission).

Professor Brett McDermott

Brett McDermott is an Australian medical graduate who trained in Psychiatry, and Child and Adolescent Psychiatry in the UK and Sydney. Academic appointments include Professor of Child and Adolescent Psychiatry at the University of Tasmania, By-Fellow at Churchill College, Cambridge University, Adjunct Professor at James Cook University and Professorial Fellow at Mater Research. From 2002-2014 Professor McDermott was the Executive Director of the Mater Child and Youth Mental Health Service (Brisbane) and from 2006-2016 was a Board Director of beyondblue: the National Depression Initiative. He has served on numerous state and federal expert groups, guideline development initiatives and inquiries. His current appointment is Specialty Director Tasmania CAMHS. Professor McDermott has published over 100 articles in peer reviewed journals. Clinical and research interests include PTSD and disaster medicine, and CAMHS service development and evaluation.



Dr Stephen Rosenman



Dr Stephen Rosenman has been a practising psychiatrist for more than 40 years. He has worked in public and private practice spheres, and academic and administrative roles. He has a longstanding interest in the unsolved philosophical problems that complicate the practice of psychiatry.

Conference Dinner

The official conference dinner will be held in the Town Point Function Room and will include a three-course meal and beverages. We will be presenting the 2024 Tasmania Meritorious Service Award followed by entertainment from comedian Rachel Berger.

Date: Saturday 23 November 2024

Time: 6:30 - 10:00pm

No further tickets are available.

Rachel Berger

Rachel Berger is one of Australia's most highly regarded, adept, and adaptive comedic talents working variously as a comedian, broadcaster, novelist, columnist, agitator and television entertainer. Rachel is a woman of remarkably diversified talents. In addition to playing the xylophone and carving avocado pips into small Buddhas, she's recently stopped feeling guilty.

After 30 years of prowling the stage, there are no cows too sacred for this Berger.

Website <http://www.rachelberger.com>



2024 Meritorious Service Award Winner

Dr Eric Ratcliff

Dr Eric Ratcliff Eric has served the people of Northern and Northwestern Tasmania with distinction over a long and continuing career, initially in the public service and then through unstinting devotion to private practice in Launceston. He has been supportive and enabling of young psychiatrists that have moved to Launceston and established themselves in public and private practice. Eric has been a sounding board and provided wise counsel about a range of clinical, administrative and political matters to do with all aspects of health care delivery in the state.

Through his early career he was involved with teaching and mentoring of junior colleagues and has continued to contribute through his active engagement with a local peer group. Eric is also available for second opinions and discussion in relation to complex patients that colleagues encounter from time to time in both public and private practice. His participation in college activities stretches well beyond conference attendances and presentations and include past memberships as follows:

- Chair and member Clinical Practice Advisory Committee
- Tasmania Branch Committee
- Ethical Practice Committee
- General Council
- Ethics Committee
- Board of Practice Standards
- Members Advisory Council
- Special interest Group Rural Psychiatry

Early in his career he was involved in administration within the public system and remains interested in and advocates in areas to do with public psychiatry service development. Dr Ratcliff remains a strong advocate for consumers and carers through his personal

clinical practice and by advice provided to individuals in the health and other systems that he is in touch with. He has advocated strongly about the capacity aspect of the Mental Health Act (Tas), treatment options and the role of oversight in relation to pharmaceuticals in the state.

Dr Ratcliff is an active member in the Launceston Historical society, has written a magnum opus about the colonial architecture of Tasmania and speaks publicly by invitation.

Dr Ratcliff has been a recipient of the OAM, the College Medal of Honor.



General information

Enquiries

Please speak to staff at the registration desk if you require any assistance. The registration desk will be open during the following times:

Saturday 23 November 08:00-16:00

Sunday 24 November 08:30-12:00

Name badges

You will be provided with a name badge at the registration desk upon arrival at the conference. Please wear this badge for the duration of the conference.

Certificates of attendance

Certificates of attendance will be emailed to all delegates after the conference.

Continuing Professional Development

In accordance with the RANZCP CPD Program Guide, credit for participation in this educational activity may be categorised under Section 4: Self-guided learning. Each hour of participation is awarded one hour of CPD.

Refreshments & dietary requirements

Morning tea, lunch and afternoon tea on Saturday will be provided. Morning tea and light refreshments will be provided on Sunday. If you have notified the organisers of any dietary requirements, please make yourself known to a staff member at catering times.

Electronic devices

Please ensure your electronic devices (mobile phone, laptop, iPad etc.) are in silent mode or switched off during conference sessions.

Wi-Fi

Complimentary Wi-Fi is available at the conference venue. Delegates can access Guest Wifi “PeppersSilo@Guest” and follow the prompts to access.

Dress code

The dress code for the conference is smart casual.

Special requirements

Every effort has been made to ensure that delegates with special requirements are catered for. To assist us with ensuring your attendance at the conference is a pleasant and comfortable one, please advise staff at the registration desk of any special requirements you have.

Conduct of attendees

Attendees of the conference should be considerate, respectful and collaborative, refrain from discriminatory or harassing behaviour and be mindful of their surroundings and of fellow participants. Unacceptable behaviour will not be tolerated at the conference or related events. The College, in its discretion, may remove or reprimand any participant who behaves inappropriately.

Photography

Photographs may be taken during sessions and in breaks for use on the College website and e-bulletins. If you do not wish for your image to appear in any published photographs, please email ranzcp.tas@ranzcp.org.

Maps

