

Be a doctor in mental health

Become a
psychiatrist.

Dr Lieu-Chi Nguyen,
RANZCP Trainee



The Royal
Australian &
New Zealand
College of
Psychiatrists



Meet Lieu-Chi ✓

I have always been interested in stories and existential questions. Psychiatry relates to these areas the most.

What makes our patients unique on a personal level, their relationships, interests and values, are integral to our assessment and management.

Psychiatry has taken me everywhere – from inpatient units of urban Sydney, tropical island clinics, to remote Aboriginal communities in Cape York.

And most importantly, exploring my own self as a clinician and a human through my care of others, often in the most vulnerable moments of their lives.

If I have any advice for those applying or thinking of applying for the training program, it would be that the first twelve months of your training will be the most challenging – hang in there and I hope, like me, you will see it as privilege to work in this rapidly expanding and incredibly interesting field.