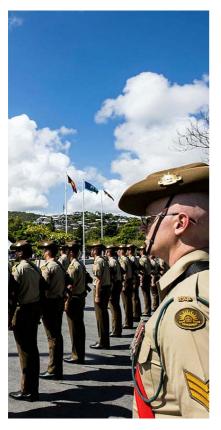


## Military and Veterans' Psychiatry Training Program Resource Booklet



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The Military and Veterans'
Psychiatry Training Program
(MVPTP) seeks to improve
access to psychiatrists with
training in military and veteran
mental health, through its
objective to fund ten military
and veteran psychiatry registrar
training positions.

The program is funded by a grant provided by the Department of Veterans' Affairs (DVA) to the Royal Australian and New Zealand College of Psychiatrists. Training in an MVPTP funded post is for a standard 6-month rotation, you may be offered the opportunity to stay in the post for 2 rotations after which you will move to other opportunities.

MVPTP posts are only open to current RANZCP trainees and Specialist International Medical Graduates (SIMGs) on the pathway to RANZCP Fellowship.



# The aims of the MVPTP

- Enhance the capacity of the health care sector to provide high quality training opportunities
- Facilitate the required educational experiences for specialists in training
- Support high quality training posts to build the overall training capacity in the system
- Contribute to improving the medical workforce distribution

#### **MVPTP Posts**

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Training in a MVPTP post is for a standard 6-month rotation, you may be offered the opportunity to stay in the post for 2 rotations after which you will move to other opportunities.

The program is governed through the Military and Veterans' Psychiatry Training Program Guidelines for Health Services.

MVPTP posts are only open to current Royal Australian and New Zealand College of Physiatrists (RANZCP) trainees and Specialist International Medical Graduates (SIMGs) on the pathway to RANZCP Fellowship.

Please visit the MVPTP page on the College Website for more information about funding, and a directory of all posts to plan for your next rotations too.

#### **MVPTP Training Posts**

Concord Greenslopes Repatriation Hollywood Private Private Hospital General Hospital Hospital (WA) (QLD) x2 (NSW) South Coast St John of God **Toowong Private** Hospital (QLD) Private (NSW) (NSW) Phoenix Australia Townsville Private Jamie Larcombe (VIC) Clinic (QLD) Centre (SA)



### **Podcasts**

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These podcasts are here for you to gain an understanding of a 'Day in the Life' of committee members from the Military and Veterans' Emergency Services Personnel Mental Health Network The Military and Veterans' Emergency Services Personnel Mental Health Network Committee promotes interest and expertise in the mental health of military veterans, serving armed forces members, and paid and voluntary serving and ex-serving emergency services personnel.

Please visit the Military and Veterans' Emergency Services Personnel Mental Health Network Military and Veterans' Emergency Services Personnel Mental Health Network Committee page for more information including how to sign up to the network.

## **Support Projects**

MVPTP Orientation Webinar Resource Booklet MVPTP Educational Grant

Apply here

MVPTP Educational Grants International Committee of Military Medicine Conference

Apply here



## Reading List

This reading list has been carefully selected by members of the Military and Veterans' Emergency Services Personnel Mental Health Network Committee. These papers will allow you to enhance your knowledge in the research conducted surrounding military and veterans' psychiatry.

Adler AB, Forbes D, Ursano RJ. Sustaining NATO service member mental health during the crisis in Ukraine. BMJ Mil Health 2022. doi:10.1136/bmjmilitary-2022-002136.

AIHW National suicide monitoring of serving and ex-serving Australian Defence Force person-nel: 2021 update. https://www.aihw.gov.au/reports/veterans/serving-and-ex-serving-adf-suicide-monitoring-2021/contents/introduction Viewed on 15 Dec 21

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McFarlane A, 2018, Path-ways to Care, Mental Health and Wellbeing Study, the Department of Defence and the Department of Veterans' Affairs, Canberra.

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Lane J and Wallace D. Australian Military and Veteran's Mental Health Care, Part 1: An In-troduction to Cultural Essentials for Clinicians. Australasian Psychiatry 2020: 28 (3), 267-269

Liriano, F., Hatten, C. and Schwartz, T.L., 2019. Ketamine as treatment for post-traumatic stress disorder: a review. Drugs in context, 8.

Maria M. Steenkamp, ; Brett T. Litz, ; Charles W. Hoge,; Charles R. Marmar. Psychotherapy for Military-Related PTSD: A Review of Randomized Clinical Trials. JAMA.2015;314(5):489-500

Phelps, A.J., Lethbridge, R., Brennan, S., Bryant, R.A., Burns, P., Cooper, J.A., Forbes, D., Gardiner, J., Gee, G., Jones, K. and Kenardy, J., 2021. Australian guidelines for the preven-tion and treatment of posttraumatic stress disorder: Updates in the third edi-tion. Australian & New Zealand Journal of Psychiatry, p.00048674211041917.

Preliminary Interim Report. Interim National Commissioner for Defence and Veteran Sui-cide Prevention. Australian Government, Canberra. 2021. Viewed at < The interim Nation-al Commissioner for Defence and Veteran Suicide Prevention's Report I National Com-missioner for Defence and Veteran Suicide Prevention (nationalcommissionerdysp.gov.au) > on 25 Jul 22.

Steenkamp, M. M., Litz, B. T., & Marmar, C. R. First-line Psychotherapies for Military-Related PTSD. JAMA. 2020. doi:10.1001/jama.2019.20825

Varker, T., Cowlishaw, S., Baur, J., McFarlane, A.C., Lawrence-Wood, E., Metcalf, O., Van Hooff, M., Sadler, N., O'Donnell, M.L., Hodson, S. and Benassi, H., 2022.



## Reading List cont'd

Problem anger in veterans and military personnel: prevalence, predictors, and associated harms of suicide and violence. Journal of Psychiatric Research, 151, pp.57-64.

Wallace, D., 2020. Post-traumatic stress disorder in Australia: 2020. Australasian Psychiatry, 28(3), pp.251-252.

Wallace D, Lane J, Heffernan K and Nas Jones C. Australian Military and Veterans' Mental Health Care: Improving assessment of military personnel and veterans. Australasian Psychiatry 2021, 29 (2): 153-156. Wallace D, Heffernan E, Meurk C, McKay D and Nas Jones C. Bipolar Disorder in the

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Wallace D, Moss A and Hodges S. Sub-Syndromal PTSD: What is important to know in military personnel and veterans? Australasian Psychiatry 2020: 28 (3), 254-256.

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