

ST3-INDAU-FELL-EPA1 – Formulation of an Aboriginal or Torres Strait Islander patient

Area of practice	Indigenous – Australia	EPA identification	ST3-INDAU-FELL-EPA1	
Stage of training	Stage 3 – Advanced	Version	v0.8 (EC-approved 04/09/15)	
The following EPA will be entrusted when your supervisor is confident that you can be trusted to perform the activity described at the required standard without more than distant (reactive) supervision. Your supervisor feels confident that you know when to ask for additional help and that you can be trusted to appropriately seek assistance in a timely manner.				
Title	Formulation of a case involving an Aboriginal or Torres Strait Islander patient.			
Description Maximum 150 words	The trainee can prepare a complex formulation incorporating, where appropriate, concepts of historical and transgenerational trauma, the importance of country and family and cultural influences on illness presentation and treatment. They take into account a holistic Aboriginal and/or Torres Strait Islander understanding of wellbeing, including cultural and spiritual wellbeing and consider the interface between psychiatric conditions and social and emotional wellbeing issues. The trainee can incorporate an understanding of the patient’s historical, geographical and socioeconomic context.			
Fellowship competencies	ME	1, 2, 3, 4	HA	1
	COM	1	SCH	2
	COL	1, 2, 3	PROF	1, 2
	MAN			
Knowledge, skills and attitude required The following lists are neither exhaustive nor prescriptive.	<p>Competence is demonstrated if the trainee has shown sufficient aspects of the knowledge, skills and attitude described below.</p> <p>Ability to apply an adequate knowledge base</p> <ul style="list-style-type: none"> • Knowledge of the role and utility of a psychiatric case formulation. • Knowledge and understanding of the geographical, sociocultural and economic environment of the Aboriginal or Torres Strait Islander patient. • Knowledge and understanding of core Aboriginal and Torres Strait Islander cultural beliefs, particularly around country and family. • Knowledge and understanding of the historical experiences of Aboriginal and Torres Strait Islander peoples, the concept of transgenerational trauma and the impact of re-traumatisation. • Understands the impact of socioeconomic disadvantage and the link between social determinants and mental illness in the Aboriginal and Torres Strait Islander population. 			

	<ul style="list-style-type: none"> • Knowledge and understanding of the concept of ‘social and emotional wellbeing’ and the difficulties experienced by Aboriginal and Torres Strait Islander peoples within this framework and the interventions/supports available to them. • Understands appropriate differential diagnoses and the limitations of DSM, ICD classification systems. • Considers barriers to implementing a treatment plan with awareness of the unique strengths of Aboriginal and Torres Strait Islander communities. <p>Skills</p> <ul style="list-style-type: none"> • Ability to prepare a complex psychiatric case formulation. • Ability to extend the biopsychosocial model of formulation to include cultural and spiritual dimensions where appropriate. • Ability to include an understanding of the patient’s extended kinship/family structure and community into the formulation. • Ability to incorporate the social and emotional wellbeing framework into the case formulation. • Ability to integrate knowledge and information attained from the case history to form salient connections and hypotheses to deepen understanding of the case and inform the development of a tailored management plan. • Ability to work effectively with an Aboriginal or Torres Strait Islander cultural guide and/or health liaison worker. <p>Attitude</p> <ul style="list-style-type: none"> • Non-judgemental in developing an in-depth understanding of factors relevant to the case. • Holistic approach to gathering and considering all of the information relevant to the case formulation. • Honest about gaps in cultural knowledge and attitude of seeking to learn. • Curious, whilst empathic and respectful, in gathering information. • Willing to hypothesise in a creative manner to generate a complex psychiatric case formulation.
Assessment method	Progressively assessed during individual and clinical supervision, including three appropriate WBAs.
Suggested assessment method details	<ul style="list-style-type: none"> • Professional presentation. • Case-based discussion. • Observed Clinical Activity (OCA).
<p>References</p> <p>THE ROYAL AUSTRALIAN AND NEW ZEALAND COLLEGE OF PSYCHIATRISTS. <i>Module 3: Formulation of a case involving an Aboriginal or Torres Strait Islander patient</i>. Melbourne: RANZCP, October 2014. Viewed 18 November 2014, <Learn/it. Module 3: Formulation of a case involving an Aboriginal or Torres Strait Islander patient></p>	

COL, Collaborator; COM, Communicator; HA, Health Advocate; MAN, Manager; ME, Medical Expert; PROF, Professional; SCH, Scholar