



The Royal  
Australian &  
New Zealand  
College of  
Psychiatrists



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## Paediatrics and Child and Adolescent Psychiatry 2017 Reciprocal Training Arrangements Guide

## About this Guide

This guide has been developed by the Royal Australasian College of Physicians (RACP) and the Royal Australian & New Zealand College of Psychiatrists (RANZCP) to provide trainees and supervisors with advice on how to complete Advanced Physician Training in Community Child Health or Advanced Physician Training in General Paediatrics concurrently with training in Child and Adolescent Psychiatry.

The reciprocal training arrangements outlined in this guide offer medical graduates an opportunity to gain Fellowship of both colleges (FRACP and FRANZCP) in a reduced time period than that of the current duration required to gain Fellowships sequentially. The shortened overall time requirement for dual Fellowship is achieved by simultaneous recognition of supervised training in overlapping domains of the two curricula.

Over the course of the training programs, trainees must carry out a variety of teaching and learning activities, assessments and other program requirements in consultation with their supervisors. Satisfactory completion of the requirements set out in the relevant RACP and RANZCP Training Handbooks is a prerequisite for admission to Fellowship of the RACP and Fellowship of the RANZCP.

Each training program is governed separately by the respective College. Each College can make its own decisions about the progression of individual trainees (certification/accreditation of training); the award of Fellowship; and changes to training program requirements using existing processes and structures. Trainees must plan their training in order to comply with both College's policies and procedures

This guide applies to trainees registered in Australia or New Zealand in 2017. It includes information for both Australian and New Zealand based trainees and supervisors. Where not specified as being particular to either Australia or New Zealand, information applies to trainees and supervisors in both countries.

This guide is to be read in conjunction with the following (where relevant):

### *Community Child Health*

- [Advanced Training in Community Child Health 2017 Program Requirements Handbook](#)
- [RACP Community Child Health Advanced Training Curriculum](#)
- *General Paediatrics*
- [Advanced Training in General Paediatrics 2017 Program Requirements Handbook](#)
- [RACP General Paediatrics Advanced Training Curriculum](#)

### *RACP Physician training*

- [RACP Professional Qualities Curriculum](#)

### *Child and Adolescent Psychiatry*

- [RANZCP 2012 Fellowship Program](#)
- [RANZCP Certificate of Advanced Training in Child and Adolescent Psychiatry](#)

Overseeing committees evaluate training requirements every two years (previously annually) to ensure that they are in line with educational best practice. Requirements are published and communicated accordingly. Changes to the training program that may substantially impact a trainee's plan for training will be implemented following an extended period of notice. It is the trainee's responsibility to ensure that they are following the correct version of the guide.

## Quick links

- [Program overview](#)
- [Reciprocal Training Arrangement examples](#)
- [Contact details](#)

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## Program Overview

Trainees must complete all RACP requirements for Advanced Training in Community Child Health or Advanced Training in General Paediatrics, and all requirements of the RANZCP 2012 Fellowship Program and Certificate of Advanced Training in Child and Adolescent Psychiatry.

### RACP Advanced Training in Community Child Health

Trainees undertaking the reciprocal training arrangement in Community Child Health and Child and Adolescent Psychiatry, would need to fulfil all the requirements of Advanced Training in Community Child Health set out in the 2017-18 Program Requirements Handbook.

#### Overview of Advanced Training in Community Child Health

<b>Program</b>	Advanced Training in Community Child Health
<b>Overseeing committee</b>	Advanced Training Committee in Community Child Health
<b>Entry requirements</b>	<ul style="list-style-type: none"> <li>• Completion of RACP Basic Physician Training, including the RACP Written and Clinical Examinations</li> <li>• Current Medical Registration</li> <li>• Appointment to an appropriate Advanced Training position</li> </ul>
<b>Minimum duration</b>	3 years (full-time equivalent (FTE))
<b>Training Handbook</b>	<ul style="list-style-type: none"> <li>• <a href="#">Advanced Training in Community Child Health 2017-18 Program Requirements Handbook</a></li> </ul>
<b>Curricula</b>	<ul style="list-style-type: none"> <li>• <a href="#">Community Child Health Advanced Training Curriculum</a></li> <li>• <a href="#">Professional Qualities Curriculum</a></li> </ul>
<b>Qualification</b>	Fellowship of the Royal Australasian College of Physicians (FRACP)

### RACP Advanced Training in General Paediatrics

Trainees undertaking the reciprocal training arrangement in General Paediatrics and Child and Adolescent Psychiatry, would need to fulfil all the requirements of Advanced Training in General Paediatrics set out in the 2017-18 Program Requirements Handbook.

#### Overview of Advanced Training in General Paediatrics

<b>Program</b>	Advanced Training in General Paediatrics
<b>Overseeing committee</b>	Advanced Training Committee in General Paediatrics
<b>Entry requirements</b>	<ul style="list-style-type: none"> <li>• Completion of RACP Basic Physician Training, including the RACP Written and Clinical Examinations</li> <li>• Current Medical Registration</li> <li>• Appointment to an appropriate Advanced Training position</li> </ul>
<b>Minimum duration</b>	3 years (FTE)
<b>Training Handbook</b>	<ul style="list-style-type: none"> <li>• <a href="#">Advanced Training in General Paediatrics 2017-18 Program Requirements Handbook</a></li> </ul>
<b>Curricula</b>	<ul style="list-style-type: none"> <li>• <a href="#">General Paediatrics Advanced Training Curriculum</a></li> <li>• <a href="#">Professional Qualities Curriculum</a></li> </ul>
<b>Qualification</b>	Fellowship of the Royal Australasian College of Physicians

## RANZCP Training in Child and Adolescent Psychiatry

Trainees undertaking the reciprocal training arrangements would need to fulfil all the requirements of the RANZCP 2012 Fellowship Program and Certificate of Advanced Training in Child and Adolescent Psychiatry.

*Table 3 – Overview of Training in Child and Adolescent Psychiatry*

<b>Program</b>	Child and Adolescent Psychiatry
<b>Overseeing committee</b>	Subcommittee for Advanced Training for Child and Adolescent Psychiatry
<b>Entry requirements</b>	<p>Prerequisites for applying to enter the Fellowship Program are:</p> <ul style="list-style-type: none"> <li>• Successful completion of a medical degree</li> <li>• At least one year (FTE) of general medical training</li> <li>• Current general registration as a medical practitioner in Australia or New Zealand.</li> </ul> <p>Applicants are selected for psychiatry training based on their suitability, skills and experience.</p>
<b>Minimum duration</b>	3.5 years (FTE)
<b>Curriculum/ Training Handbooks</b>	<p><a href="#">RANZCP 2012 Fellowship Program</a></p> <p><a href="#">Certificate of Advanced Training in Child and Adolescent Psychiatry</a></p>
<b>Qualification</b>	Fellowship of the Royal Australia and New Zealand College of Psychiatrists (FRANZCP)

## Examples of Reciprocal Training Arrangements

The following diagrams are examples of what the reciprocal training arrangements may look like in practice for a trainee to complete Basic Physician Training and Advanced Training in Community Child Health or Advanced Training in General Paediatrics, concurrently with training in Child and Adolescent Psychiatry.

A trainee undertaking both RACP and RANZCP training as separate programs would spend a minimum of **11** years in training. However, a trainee who seeks dual recognition of appropriate training rotations and requirements by both colleges may be able to complete both training programs in a minimum of **8** years.

The examples shown in the tables below are intended to provide an indication of how training in the two programs may be structured for maximum efficiency by highlighting potential areas of overlap that could be counted towards completion of both programs.

The examples are not intended to imply restrictions around the chronological order of training terms, nor are they intended to be considered as the complete list of training experiences and requirements that trainees will need to undertake prior to completing both RACP and RANZCP training.

### **Assumptions**

In developing the examples in the tables below the following assumptions have been made:

- The trainee is able to obtain the training rotations shown in the examples.
- All training is full-time and completed satisfactorily.
- The trainee passes every assessment on the first attempt.
- The trainee does not interrupt their training, i.e., take leave in excess of eight weeks.
- There are no exemptions from training time beyond what is indicated in the current training requirements.

Example of the Community Child Health and Child and Adolescent Psychiatry reciprocal training arrangement

Year	RACP training - Community Child Health	RANZCP training
1	12 months Basic Physician Training	
2	12 months Basic Physician Training	
3	12 months Basic Physician Training	
<i>Entry into RACP Advanced Training</i>		
4 & 5	<p>Completion of Core requirements*:</p> <ul style="list-style-type: none"> <li>12 months attendance at an accredited Program of Excellence (This is always completed concurrently with other core requirements)</li> <li>6 months Community-based Multidisciplinary Paediatrics</li> <li>6 months Developmental-Behavioural Paediatrics</li> <li>6 months Core Non-Clinical Activities**</li> <li>3 months Child Protection training</li> </ul> <p>The balance of 36 months (maximum 15 months) can be completed as non-core training in Child and Adolescent Psychiatry</p> <p>*Some training positions may allow trainees to meet these core requirements concurrently; however, a trainee cannot be certified for more than 1.0 FTE in any given training period (i.e. a trainee cannot complete more than 12 months of training time in a 12-month period).</p> <p>**3 months of Child and Adolescent Psychiatry training can be accepted towards Core Non-Clinical Activities</p>	<p><i>Not accepted towards RANZCP</i></p>
6		<ul style="list-style-type: none"> <li>6 months adult psychiatry</li> </ul> <p>6 months Adult consultation–liaison psychiatry (if previous 6 months rotation was in CAP)*</p> <p>*If previous rotation was in Adult CL, an elective rotation is permissible</p>
7		24 months Certificate of Child and Adolescent Psychiatry
8		

*Eligible for consideration for FRACP*

*Eligible for consideration for FRANZCP*

**Summary of assessments and training requirements**

<ul style="list-style-type: none"> <li>RACP Written and Clinical Examinations</li> <li>RACP Research Project</li> <li>All RACP formative and summative assessments as outlined in relevant <a href="#">Training Handbook</a></li> </ul> <p><b>Supervision:</b></p> <ul style="list-style-type: none"> <li>RACP supervision required (monthly) during psychiatry rotations</li> </ul>	<ul style="list-style-type: none"> <li>RANZCP Formative assessments</li> <li>Formal Education Course</li> <li>EPAs</li> <li>Stage 3 Leadership and Management</li> <li>Summative assessments: MCQ exam, essay-style exam, psychotherapy written case, OSCE</li> </ul>
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*Example of the General Paediatrics (Australia and New Zealand) and Child and Adolescent Psychiatry reciprocal training arrangements*

Year	RACP training - General Paediatrics	RANZCP training
1	12 months Basic Physician Training	
2	12 months Basic Physician Training	
3	12 months Basic Physician Training	
<i>Entry into RACP Advanced Training</i>		
4	<ul style="list-style-type: none"> <li>6 months core acute training</li> <li>6 months core general paediatrics<sup>#</sup></li> </ul> <sup>#</sup> Australian trainees must complete at least 6 months at a site with a perinatal component during this rotation or during their core general paediatrics (rural) rotation.	<i>Not accepted towards RANZCP</i>
5	6 months core general paediatrics (rural <sup>*^</sup> )  <sup>*</sup> New Zealand trainees must complete rural training in advanced training. <sup>^</sup> For Australian trainees rural training can be completed in advanced or basic training. If rural training is completed in Basic Training, this rotation must be core general paediatrics	
6	<i>Interruption of training (Not accepted towards RACP AT)</i>	6 months adult psychiatry
		6 months consultation–liaison psychiatry <ul style="list-style-type: none"> <li>Adult, or</li> <li>Child and Adolescent</li> </ul>
		6 months Adult consultation–liaison psychiatry (if previous 6 months rotation was in CAP)*  *if previous rotation was in Adult CL, an elective rotation is permissible
7 & 8	<ul style="list-style-type: none"> <li>6 months core community/developmental training</li> <li>12 months non-core training</li> </ul> This will meet the 6 months developmental and psychosocial requirement	24 months Certificate of Child and Adolescent Psychiatry

*Eligible for consideration for FRACP*

*Eligible for consideration for FRANZCP*

**Summary of assessments and training requirements**

<ul style="list-style-type: none"> <li>RACP Written and Clinical Examinations</li> <li>RACP Research Project</li> <li>All RACP formative and summative assessments as outlined in relevant <a href="#">Training Handbook</a></li> </ul> <p><b>Supervision:</b></p> <ul style="list-style-type: none"> <li>RACP supervision required (monthly) during psychiatry rotations</li> </ul>	<ul style="list-style-type: none"> <li>RANZCP Formative assessments</li> <li>Formal Education Course</li> <li>EPAs</li> <li>Stage 3 Leadership and Management</li> <li>Summative assessments: MCQ exam, essay-style exam, psychotherapy written case, OSCE</li> </ul>
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## Training Processes and Policies

### Entering the program

Trainees must meet the entry requirements of the respective College prior to entry into the relevant program. Trainees must adhere to the registration process for each College.

When a trainee wishes to apply for simultaneous recognition for a training period by both Colleges, they must complete the relevant College forms and submit these separately to each College.

At the time of registration, Trainees who indicate that they wish to join the reciprocal training arrangements will be asked to provide their consent for their information to be shared between Colleges.

### RACP

RACP trainees may commence Advanced Training in Community Child Health or Advanced Training in General Paediatrics following satisfactory completion of Basic Training requirements including success in the Divisional Written and Clinical Examinations, and appointment to an appropriate Advanced Training position.

Candidates must secure an Advanced Training position at a suitable training site. Core training usually needs to be undertaken at [training sites accredited by the RACP](#) for Advanced Training in Community Child Health or Advanced Training in General Paediatrics.

Once trainees have secured a training position, they must apply prospectively each year for the approval of their training in accordance with the due dates below. Annual Applications can be made [online](#). Trainees must organise the timely submission of all necessary documentation and keep a copy of the application for future reference.

Trainees must indicate on the annual application for approval of RACP Advanced Training that they wish to take part in the reciprocal training arrangements. Trainee details will be provided to the RANZCP who will then contact trainees about the RANZCP selection process.

For any periods of RANZCP training that will not be accepted by the RACP, Trainees will be required to submit an Application for Interruption of Training to the RACP indicating that they are completing a psychiatry rotation and pay the relevant fee.

The reciprocal training arrangements are not available to individuals who already hold FRACP. Individuals who hold FRACP wishing to train in Child and Adolescent Psychiatry should contact the RANZCP for advice about entry requirements and recognition of prior learning.

#### *Closing dates for RACP applications in Australia*

<b>15 February</b>	Closing date for applications for prospective approval of rotations in the current year
<b>31 August</b>	Closing date for applications for prospective approval of rotations in the second half of the current year

#### *Closing dates for RACP applications in New Zealand*

<b>31 March</b>	Closing date for applications for prospective approval of April - August rotations
<b>31 May</b>	Closing date for applications for prospective approval of rotations in the second half of the current year and August - December rotations
<b>31 October</b>	Closing date for applications for prospective approval of rotations in the first half or whole of the following year and December - April rotations

### RANZCP

Trainees must complete 36 months of RACP Basic Physician Training and at least 18 months of Advanced Training before commencing training with RANZCP.

There is a limit of 5 years break in training in between the two training programs. However, break in training while training at either College would be subject to the regulations of the College offering training.

Trainees are required to pass the RACP Research Project before entering training with RANZCP. Completion of this would gain exemption from the RANZCP Scholarly Project.

Trainees are ineligible to request recognition of prior learning within the RANZCP training program for any undertaking as a component of their RACP training.

Trainees are required to undertake training as per the developed learning streams. Trainees are unable to move between RACP and RANZCP training programs or undertake training out of sequence.

Candidates would need to secure an accredited Stage 2 training post before contacting the appropriate Branch Training Committee for selection process and interview with the Director Of Training and Director Of Advanced Training of Child and Adolescent Psychiatry. However, being selected in the training program, does not guarantee allocation of training posts in Advanced Training.

As RACP Advanced Training is accepted by the RANZCP, trainees are required to pay the RANZCP Administrative fee from the start of their RACP Advanced Training, regardless of their enrolment date in the Dual Fellowship Training Program (DFTP) Reciprocal Training Arrangements. The administrative fee of the enrolment date in the DFTP would apply to previous RACP Advanced Training prior to the entry of DFTP.

Trainees must complete all Stage 2 training requirements and pass the Multiple Choice Questions (MCQ) Exam before commencing training in Certificate of Advanced Training Child and Adolescent Psychiatry.

A trainee's progress along the Trainee Progress Trajectory will be adjusted to reflect the exemption of 18 months FTE RANZCP Training as a result of a successful DFTP application. A DFTP trainee will be considered to have completed 18 months FTE in relation to the Progression through Training Policy deadlines and will also be considered to have undertaken 18 calendar months training in relation to the Failure to Progress Policy maximum training time requirements.

Trainees are ineligible to enrol in Dual Certificate Advanced Training with RANZCP.

Trainees who have exited the DFTP within 8 years could re-enter the DFTP. Trainees wishing to re-join the DFTP after 8 years would need to refresh their training experiences as per regulations of the Colleges before training can be recommenced. Trainees are required to pay the re-entry fee at each College as well as the appropriate training fees. Trainees need to settle all fee arrears before re-entry would be considered.

### *Closing dates for RANZCP Applications*

	Closing date for application may differ between training zones, candidates are suggested to contact the local <a href="#">Branch Training Committee</a> for details.
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## **Approval and Certification of Training**

Each training program is governed separately by the respective College. Each College can make its own decisions about the progression of individual trainees (Approval and Certification of training).

### **RACP**

Approval of training periods will be determined by the relevant overseeing committee; Advanced Training Committee in Community Child Health or Advanced Training Committee in General Paediatrics. To be approved, a trainee's individual training program must be consistent with the training requirements and appropriate for the stage in training.

Upon completion of each rotation or calendar year of training, the overseeing committee considers each trainee's progress according to requirements. If all requirements of training have been satisfactorily completed, the overseeing committee will certify the period of training and advise the

trainee in writing of the decision. For more information about approval and certification of training, please refer to the [Progression through Training policy](#).

## **RANZCP**

The Committee for Training oversees all training at RANZCP. A subcommittee for Certificate of Advanced Training in Child and Adolescent oversees trainees undertaking the Certificate of Advanced Training in Child and Adolescent.

Trainees are required to comply with the [RANZCP Regulations, policies and procedures](#) when training with RANZCP.

Local support from a Director of Training or a Director of Advanced Training is available during each rotation.

## **Training fees**

If a proposed training period is accepted by both Colleges' concurrently, the trainee will be required to pay the relevant annual training fee to each College. If a training period is not accepted by one of the Colleges, the trainee will not be required to pay the relevant annual training fee to that College but may be required to pay an administrative fee (i.e. RACP Application for Interruption fee or RANZCP Administration fee).

- [RACP membership fees \(including training fees\)](#)
- [RANZCP Fellowship program administration \(including fees schedule\)](#)

## **Assessments**

- Over the course of the training programs, trainees must carry out a variety of teaching and learning activities, assessments and other program requirements in consultation with their supervisors. Satisfactory completion of the requirements set out in the relevant RACP and RANZCP Training Handbooks is a prerequisite for admission to Fellowship of the RACP and Fellowship of the RANZCP.

## **Education policies**

Trainees must plan their training in order to comply with both college's policies and procedures.

- [RACP education policies](#)
- RANZCP regulations, policies and procedures

## **List of accredited settings**

Each relevant College overseeing committee maintains list(s) of sites/settings accredited for training in the particular training program in Australia and New Zealand.

- [RACP accredited sites](#)
- [RANZCP accredited sites](#)

## **Admission to Fellowship**

Trainees are eligible to be admitted to Fellowship of the RACP and Fellowship of the RANZCP on the completion of all relevant requirements of each training program. Trainees will be notified by the relevant College once the overseeing committee has recommended them for admission to Fellowship, to invite them to apply for admission to Fellowship. The admission process involves completion of an application form, and the payment of a fee prior to admission.

Fellowship can be awarded for completion of one training program independently of progress in the other training program. FRACP in Community Child Health or FRACP in General Paediatrics can be awarded before completion of psychiatry training.

Trainees withdrawing from either program will need to meet the full requirements of the respective College training program in order to be eligible for Fellowship.

## More information

Contact the RACP	
<p><b>Member Services Contact Centre</b> First point of contact for general enquiries.</p>	<p><i>Australia</i> Email: <a href="mailto:raccp@raccp.edu.au">raccp@raccp.edu.au</a> Phone: 1300 MyRACP 1300 69 7227</p> <p><i>New Zealand</i> Email: <a href="mailto:raccp@raccp.org.nz">raccp@raccp.org.nz</a> Phone: 0508 MyRACP 0508 69 7227</p>

Other RACP contacts	
<p><b>Education Officer</b> The education officer administers the training program and can respond to training-related enquiries.</p>	<p>Email: <a href="mailto:CommunityChildHealth@raccp.edu.au">CommunityChildHealth@raccp.edu.au</a> Phone: +61 2 8247 6231</p> <p>Email: <a href="mailto:GeneralPaedsAdvanced@raccp.edu.au">GeneralPaedsAdvanced@raccp.edu.au</a> Phone: +61 2 8247 6294</p> <p>Email: <a href="mailto:GeneralPaediatrics@raccp.org.nz">GeneralPaediatrics@raccp.org.nz</a> Phone: +64 4 460 8143</p>
<p><b>Training Support</b> The Training Support Unit supports trainees and supervisors of trainees who are experiencing difficulties in their training.</p>	<p>Email: <a href="mailto:trainingsupport@raccp.edu.au">trainingsupport@raccp.edu.au</a></p>
<p><b>Supervisor Support</b> The Supervisor Learning Support Unit provides and coordinates supervisor skills training.</p>	<p>Email: <a href="mailto:supervisor@raccp.edu.au">supervisor@raccp.edu.au</a> Phone: +61 2 8076 6300</p>
<p><b>Trainees' Committee</b> The <a href="#">RACP Trainees' Committee</a> (CTC) reports to the RACP Board and represents and advocates on behalf of trainees.</p>	<p>Email: <a href="mailto:traineescommittee@raccp.edu.au">traineescommittee@raccp.edu.au</a></p>
<p><b>New Zealand Trainees' Committee</b> The New Zealand Trainees' Committee represents and advocates on behalf of trainees.</p>	<p>Email: <a href="mailto:traineescommittee@raccp.org.nz">traineescommittee@raccp.org.nz</a></p>

Contact the RANZCP	
<p>Email: <a href="mailto:training@ranzcp.org">training@ranzcp.org</a> Phone: +61 (0)3 9640 0646</p>	

## Resources

### **RACP Advanced Training Portal**

Resources for many of the requirements of the Community Child Health and General Paediatrics training program can be accessed through the [Advanced Training Portal](#). These include:

- summary of training completed and required
- detailed information on training rotations, including approval and certification decisions
- past examination results
- online teaching and learning and formative assessment tools
- information sheets, workflows, rating forms and interactive video tutorials for online tools
- 

### **RANZCP Program Web page**

Full information on psychiatric training in Australia and New Zealand is on the [2012 Fellowship Program](#) web page. The Dual Fellowship Training Program outlines the training requirements for dual Fellowship training.

### **Entry to RANZCP**

Details of selection to enter RANZCP Training and local Branch Training Committee contacts are listed on the [Training Contact](#) web page.

[www.racp.edu.au](http://www.racp.edu.au)

[www.ranzcp.org](http://www.ranzcp.org)

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Version 2. Updated 31 January 2017.