



## 2018 update

### Message from the President

Dr Kym Jenkins  
President



Following its review of the RANZCP's previous Research and Education Foundation the College was delighted to establish the new RANZCP Foundation in 2018.

2018 saw a considerable amount of resources and time dedicated to the development and expansion of the new RANZCP Foundation.

The new RANZCP Foundation is responsible for the raising and granting of funds to support and encourage research, clinical work, projects and initiatives to improve the mental health and wellbeing of communities.

Work on the Foundation has progressed steadily with a number of key deliverables achieved:

- » A new vision and logo have helped to create an identity for the Foundation
- » The RANZCP Board appointed two eminent senior College members, Professor The Hon Dame Marie Bashir AD, CVO (Australia) and Emeritus Professor Sir Mason Durie (New Zealand) as its inaugural patrons
- » The RANZCP Board approved new regulations for the establishment of the RANZCP Foundation Committee, reporting directly to the RANZCP Board, and appointments to the inaugural committee have now been made

- » Ten research grants and scholarships were awarded to recipients to encourage research, clinical work, projects and initiatives to improve the mental health and wellbeing of communities
- » The RANZCP Board formalised its commitment to the newly established Foundation with an initial donation of \$100,000 plus ongoing contributions. With greater donations and other funding coming in annually, the new RANZCP Foundation will be able to broaden its activities beyond those currently funded
- » A dedicated RANZCP Foundation section on the College's website was developed with updated, more prominent information and dedicated sections for research and grants as well as how to donate
- » Past grant recipients have been profiled to promote the benefits of the Foundation and the suite of grants on offer
- » A draft fundraising strategy has been developed to provide short and long term growth options for the Foundation – this will be refined further in 2019
- » Supporting documentation for the future introduction of new grants has been developed
- » The annual subscription renewal form was updated to allow for easier donations

The RANZCP Foundation received \$6,319.74 in donations from 63 individual donors in 2018, with the College Board delivering on its commitment to matching donations received dollar-for-dollar up to \$5,000.00 annually.

The College is committed to growing the Foundation by pursuing a variety of funding avenues, engaging in promotional activities, further developing the Foundation's strategic direction, and defining the many specific ways in which the Foundation can foster psychiatry training and research in Australia and New Zealand.

I would like to acknowledge the generosity of our ongoing major donors to the Foundation – the Block Family, the Trisno Family and the Kinsman Family for their ongoing commitment to supporting the work of the Foundation in achieving its stated vision.

I encourage you to visit the Foundation's website [www.ranzcp.org/foundation](http://www.ranzcp.org/foundation) to familiarise yourself with the work of the Foundation, the grants available and to read how these grants have already helped our researchers.

**Dr Kym Jenkins**  
President



# 2018 update

## Grant recipients

The RANZCP Foundation aims to encourage research as an important activity for psychiatric training and believes that knowledge of research theory and methods is essential for the practice of clinical psychiatry.

### The Foundation congratulates its 2018 grant recipients:

#### Dr Katherine Moss

*'Physical activity for patients with mental illness in a forensic setting.'*

#### Dr Stephen Parker

*'What happens to consumers after residential rehabilitation care: Listening to their stories and thoughts about what helps and hinders recovery.'*

#### Dr Nicola Korman

*'Addressing physical activity for people with mental illness in residential rehabilitation units.'*

#### Dr Josephine Power, Dr Jean-Loup Rault, Professor Michael Permezel

*'Predictors of postnatal depression: antenatal depression, maternal attachment and oxytocin.'*

#### Dr Wen Hui Daphne Law, Dr Jennifer Dancer, Dr Suichi Suetani, Dr Christine Kilcawley

*Individual recipients of the 2018 Block Family Memorial Grant in Perinatal and Infant Psychiatry to undertake a research-based course in perinatal and infant health.*

## Select research highlights

#### Dr Nicola Warren

*'Assessment of Anti-NMDA receptor encephalitis in chronic psychiatric disorders: A pilot study.'*



Dr Nicola Warren is a psychiatrist and academic in Brisbane who was awarded a grant for her project Assessment of Anti-NMDA receptor encephalitis in chronic psychiatric disorders: a pilot study. Dr Warren is passionate about combining academic and clinical work within the neuropsychiatry field. Her project aims to assess the feasibility of testing for NMDA receptor antibodies in a chronic psychiatric population to identify cases of anti-NMDA receptor encephalitis. It builds from the hypothesis that there are currently consumers, who have been misdiagnosed with schizophrenia and other chronic mental illnesses, being treated in community clinics, and who actually have an autoimmune encephalitis such as anti-NMDA receptor encephalitis. It is envisaged that this study will lead to more effective and targeted immunological therapy through better testing and diagnosis.

#### Dr Matthew Kang

*'Evaluating the effects of brief, regular mindfulness-based intervention to improve mindfulness, attention, communication and teamwork: Pilot Study.'*



Dr Matthew Kang is a psychiatry registrar in Melbourne. Dr Kang's research interests are positive psychology and occupational medicine, especially in healthcare professionals. The aim of his pilot study is to test the feasibility and impact of an organisational mindfulness-based intervention program, by introducing regular, short and guided meditation practice in the acute hospital ward setting to all the staff. It is hoped that the outcomes of this research will help inform the design of brief guided mindfulness practice that will increase mindfulness, communication and teamwork in the workplace.

## Financial summary



**\$102,383.79**

balance carried forward from previous RANZCP Research and Education Foundation



**\$6,319.74**

total new donations received in 2018



**\$100,000**

RANZCP Board approved new seed funding in 2018 to establish the Foundation



**\$5000**

matched donations from RANZCP Board (dollar-for-dollar up to a maximum of \$5000.00 annually)



**\$213,968.17**

current balance of Foundation funds (as at 31 December 2018)

