ST3-AP-FELL-EPA22 – Review service delivery in an Early Intervention Service

Area of practice	Adult psychiatry	*EPA identification*	ST3-AP-FELL-EPA-22
Stage of training	Stage 3 – Advanced	*Version*	v0.2 (EC approved 27/07/18)

The following EPA will be entrusted when your supervisor is confident that you can be trusted to perform the activity described at the required standard without more than distant (reactive) supervision. Your supervisor feels confident that you know when to ask for additional help and that you can be trusted to appropriately seek assistance in a timely manner.

Title	*Review service delivery in an Early Intervention Service*		
Description Maximum 150 words	The role of a psychiatrist goes beyond clinical work and involves service improvement and development. The trainee must demonstrate an ability to understand and evaluate the Early Intervention service including: an understanding of the evidence and service models for Early Intervention services, an ability to undertake structured review and quality improvement and to incorporate feedback from young people with mental illness, their families and carers and other stakeholders. The trainee must understand the philosophy and objectives of the service, the service model and the context in which the service operates eg. how it functions within the health service and with other local service providers. The trainee should be able to critically review the referral and discharge criteria, the system of triage and assessment, barriers to implementation, the implementation of evidence based practice within the service and the use of outcome measures.		
Fellowship competencies	**ME** 7,8	**HA**	1, 2
	COM 1	**SCH**	1, 2, 3
	COL 1, 3, 4	**PROF**	1, 2, 3, 4
	MAN 1, 2, 3, 4, 5		
Knowledge, skills and attitude required The following lists are neither exhaustive nor prescriptive.	Competence is demonstrated if the trainee has shown sufficient aspects of the knowledge, skills and attitude described below. **Ability to apply an adequate knowledge base** • Demonstrates knowledge of the evidence base for Early Intervention services and the different models of service which have been developed. • Demonstrates an understanding of service reviews and quality improvement principles. • Understands issues of resource management. **Skills** • Articulates the philosophy and objectives of the service and can describe the roles of the team members, the evidence		

	based treatments available and the outcome measures used and the justification.
	• Demonstrates an ability to undertake a structured review of the Early Intervention service taking into account the views of the persons with mental illness and their families/carers and other stakeholders.
	• Demonstrates an ability to critically review the referral and discharge criteria, the system of triage and assessment, barriers to implementation and the implementation of evidence based practice within the service.
	• Demonstrates effective verbal and written communication skills including an ability to report to the service and formulate quality improvement projects for the service.
	Attitude
	• Provides appropriate clinical leadership.
	• Advocates on behalf of patients and carers.
	• Demonstrates an ethical approach.
Assessment method	Progressively assessed during individual and clinical supervision.
Suggested assessment method details	• DOPS • Professional Presentation

References
- Birchwood M, Connor C, Lester H, Patterson P (2013) Reducing duration of untreated psychosis: care pathways to early intervention in psychosis services. *The British Journal of Psychiatry* 203: 58-64
- Marwaha S, Thompson A, Upthegrove R, Broome M (2016) Fifteen years on – early intervention for a new generation. *The British Journal of Psychiatry* 209: 186-188
- McGorry P, Jackson J (2009) *The recognition and management of early psychosis; A preventive approach,* 2nd edn. Cambridge, United Kingdom: Cambridge University Press

COL, Collaborator; COM, Communicator; HA, Health Advocate; MAN, Manager; ME, Medical Expert; PROF, Professional; SCH, Scholar