



Trainee Progress Trajectory in the Fellowship Program

Supporting document for Policy on Progression through Training and Policy on Failure to Progress (effective 2022)

Intended to provide a trainee (or trainees) with a baseline against which their progress will be monitored to ensure a steady progression

Fellowship attainment

| | STAGE 1 | | STAGE 2 | | | | STAGE 3 | | | | | |
|--|--|---|--|--|---|--|---|---|---|---|---|---|
| FTE months*: | 6 | 12 | 18 | 24 | 30 | 36 | 42 | 48 | 54 | 60 | 66 | 72 |
| Rotation EPAs | ITA with associated OCA + 2 EPAs [†] | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs | ITA with associated OCA + 2 EPAs |
| Stage 2 General Psychiatry EPAs x 4 | | 1 of the 4 eg. ECT | 1 of the 4 eg. Risk Assessment | 1 of the 4 eg. Cultural Awareness | | 1 of the 4 eg. Mental Health Act | | | | | Trainee reminders: After 60 FTE months trainees must ensure their continued placement in an accredited training post with their service/ BTC if Fellowship requirements are still to be completed. • Summative assessments may be submitted/sat while on a BIT. | |
| Stage 2 Psychotherapy EPAs x 3 2 EPAs must be completed by the end of Stage 2 | | | | 1 of the 3 eg. Therapeutic alliance§ | | 1 of the 3 eg. Supportive Psychotherapy§ | | 1 of the 3 eg. CBT§ | | | | |
| Additional Mandatory Stage 2 EPAs | | eg. 1 ADD EPA # (If not elective rotation) | eg. 1 ADD EPA (If not elective rotation) | | eg. 2 POA EPAs (If not elective rotation) | | | | | | Rotation-based Targeted Learning is not permitted on a BIT. The content and duration of the Targeted Learning depends on each trainee's circumstances. | |
| MCQ Exam | | Eligible to apply > 6 months | | | | MCQ Paper Pass | TL = 36 | TR = 48 | | | Case-by-case exceptions can be considered by the Committee for Training. | |
| MEQ and CEQ Examinations | | | | Eligible to apply > 18 months | | | | | | MEQ & CEQ Pass | | TR = 72 |
| OSCE | | | | | | Eligible to apply > 30 months | | | | OSCE Pass | TL = 60 | TR = 72 |
| Scholarly Project | | | | | eg. Proposal/ Method outline | | | | | Scholarly Pass [‡] | TL = 60 | TR = 72 |
| Psychotherapy Written Case | | | | | | | | | | Written Case Pass‡ | TL = 60 | TR = 72 |

TL = Targeted Learning (Mandatory) * = Months of accredited training time TR= Training Review Application to the Committee for Training (Mandatory)

- § = Psychotherapy EPAs: Must attain any 2 of the 3 Psychotherapy EPAs by the end of Stage 2. The third one can be attained by the end of Stage 3, still to a proficient standard.
- # = Must be pre-approved by the Director of Training
- ** = The MCQ Exam is not a barrier to commence Stage 3 Generalist training. Effective mid-year 2016 intake, it is required for Certificate entry.

BIT = Break in Training

- † = There is an exception for attaining two EPAs per rotation for the first rotation only
- ± = Allow time for marking.