

2020

# Annual Review



**Improving the mental  
health of communities**

through high quality  
psychiatric care, education,  
leadership and advocacy

---



# Contents

<b>Vision, values, purposes</b>	<b>03</b>	<b>Australian Branch Committee reports</b>	<b>24</b>	Section of Private Practice Psychiatry	35
<b>2020 membership</b>	<b>04</b>	Australian Capital Territory	24	Section of Psychiatry of Intellectual and Developmental Disabilities	36
<b>RANZCP awards and grants</b>	<b>06</b>	New South Wales	24	Section of Rural Psychiatry	36
<b>Members honoured</b>	<b>08</b>	Northern Territory	25	Section of Social, Cultural and Rehabilitation Psychiatry	37
<b>President's report</b>	<b>10</b>	Queensland	25	Section of Youth Mental Health	37
<b>CEO's report</b>	<b>11</b>	South Australia	26		
<b>Board report</b>	<b>12</b>	Tasmania	26		
		Victoria	27	<b>Network highlights</b>	<b>38</b>
<b>Board Constituent Committee reports</b>	<b>13</b>	Western Australia	27	Asylum Seeker and Refugee Mental Health Network	38
Audit Committee	13			Family Violence Psychiatry Network	38
Corporate Governance and Risk Committee	14	<b>Faculty highlights</b>	<b>28</b>	Military, Veterans' and Emergency Services Personnel Mental Health Network	39
Education Committee	15	Faculty of Addiction Psychiatry	28		
Finance Committee	16	Faculty of Adult Psychiatry	28	<b>New Fellows</b>	<b>40</b>
Membership Engagement Committee	17	Faculty of Child and Adolescent Psychiatry	29	<b>Certificates of Advanced Training</b>	<b>41</b>
Practice, Policy and Partnerships Committee	18	Faculty of Consultation-Liaison Psychiatry	30	<b>Vale</b>	<b>42</b>
		Faculty of Forensic Psychiatry	30	<b>Contact us</b>	<b>43</b>
		Faculty of Psychiatry of Old Age	31		
<b>Members' Advisory Council report</b>	<b>19</b>	Faculty of Psychotherapy	31		
<b>Member Representative Committee reports</b>	<b>20</b>	<b>Section highlights</b>	<b>32</b>		
Trainee Representative Committee	20	Section of Child and Adolescent Forensic Psychiatry	32		
Overseas Trained Psychiatrists' Representative Committee	21	Section of Early Career Psychiatrists	32		
		Section of Electroconvulsive Therapy and Neurostimulation	33		
<b>RANZCP Foundation Committee report</b>	<b>22</b>	Section of History, Philosophy and Ethics of Psychiatry	33		
		Section of Leadership and Management	34		
<b>New Zealand National Committee report</b>	<b>23</b>	Section of Neuropsychiatry	34		
		Section of Perinatal and Infant Psychiatry	35		

Note: All committee member lists current as at 31 December 2020.

## Vision, values, purposes

### OUR VISION

To improve the mental health of communities through high quality psychiatric care, education, leadership and advocacy.

### OUR VALUES

- » Collaboration
- » Excellence
- » Integrity
- » Respect
- » Compassion
- » Innovation
- » Sustainability

### OUR PURPOSE

**Advance the profession of psychiatry** through the delivery of best-practice training, continuing professional development and high quality psychiatric care.

**Improve the mental health of communities** by working with stakeholders to support high quality psychiatric care.

**Meet the needs and expectations of members** to enhance the value of their membership whilst ensuring the sustainable growth of the College.

# 2020 membership

## Who we are

Members of the RANZCP comprise Fellows, Associates (trainees), Affiliates and International Corresponding Members.

Members are based throughout Australia and New Zealand, as well as in 31 other countries worldwide. Almost 50% of members are located in New South Wales or Victoria, followed by Queensland and New Zealand with just over 30% of members between them.

## Membership numbers

Figures as at 31 December 2020

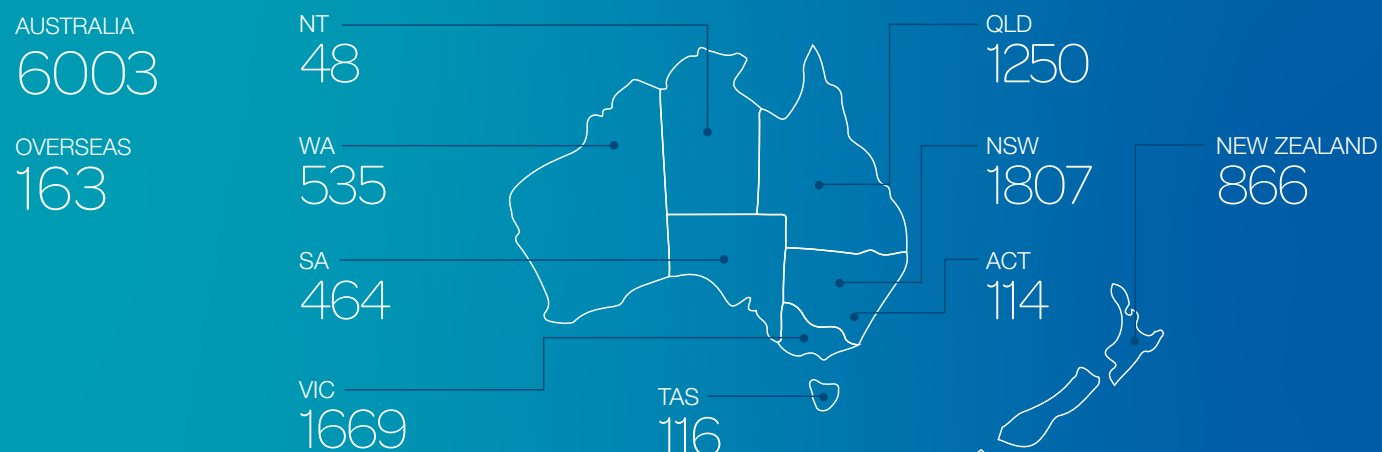
Member type	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	NZ	Overseas	Total
Fellow**	82	1294	22	886	360	88	1240	412	443	148	4975
Associate (trainee)	32	511	26	361	104	28	418	123	214	5	1822
Affiliate	-	2	-	3	-	-	11	-	209	2	227
International Corresponding Member	-	-	-	-	-	-	-	-	-	8	8
<b>Total</b>	<b>114</b>	<b>1807</b>	<b>48</b>	<b>1250</b>	<b>464</b>	<b>116</b>	<b>1669</b>	<b>535</b>	<b>866</b>	<b>163</b>	<b>7032</b>

\*\* Includes retired Fellows

## New trainee intake

Member type	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUS	NZ	Overall
2020 cohort	4	111	12	78	21	5	64	18	313	47	360

## Membership distribution



## Faculty membership



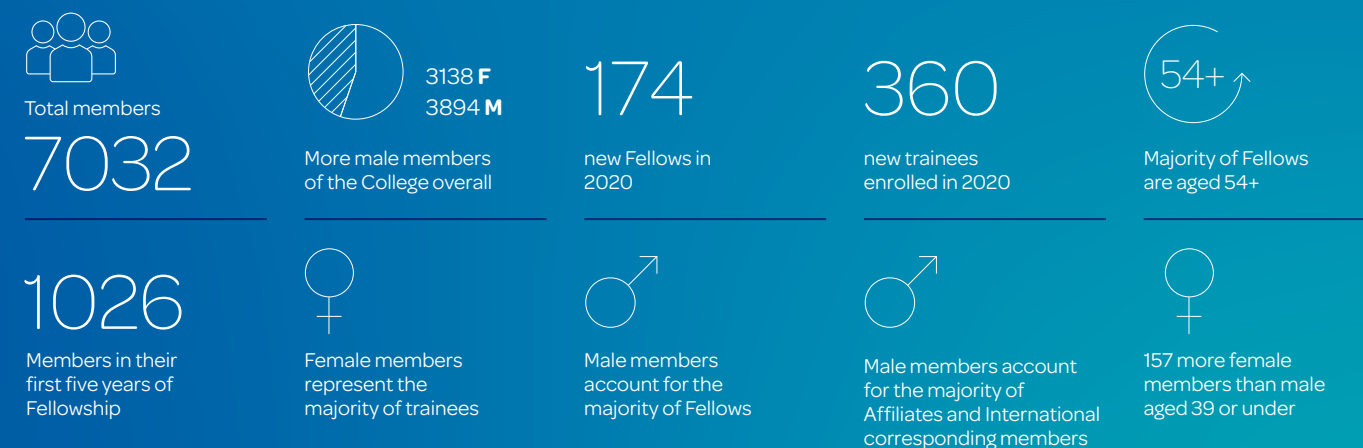
## Section membership



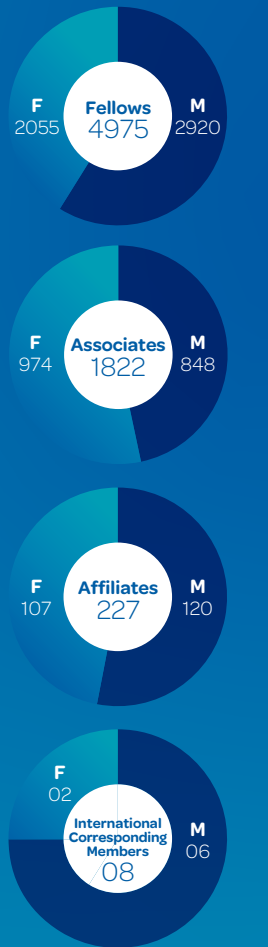
## Network membership



## Membership at a glance



## Gender distribution of membership





# RANZCP awards and grants

Each year, the College presents a variety of awards and grants to acknowledge outstanding achievements in psychiatry, to recognise excellence in psychiatric research and training, and to encourage new and emerging researchers.

The College is extremely proud of all of this year's winners, from those who have dedicated their lives to psychiatry through innovation, mentorship and improved patient care; to those undertaking ground-breaking research to transform mental health care; and to those in training showing incredible potential and positivity for the future of psychiatry. The following awards and grants were conferred in 2020.

## **The Margaret Tobin Award** **Professor Tarun Bastiampillai**

Named in honour of the late Dr Margaret Tobin, the Margaret Tobin Award is presented to the RANZCP Fellow who has made the most significant contribution to administrative psychiatry in Australia and New Zealand over the preceding five years.

## **The Mark Sheldon Prize** **Dr Donna-Maree Meteria** **Clarke Coleman** **Dr Bruce Gynther**

The Mark Sheldon Prize was established by the family, friends and colleagues of

## **The College Medal of Honour** **Professor Bruce Singh**

The College Medal of Honour is the College's highest and most prestigious award. It is presented for distinguished and meritorious service to the College, to a RANZCP Fellow who has given a minimum of ten years' active service in organisational and/or administrative areas of the College.

Professor Bruce Singh was bestowed the College Medal of Honour for his extensive contributions to the profession over many years and with great distinction as an outstanding health leader, innovator, reformer, administrator, mentor, academic and clinician.

## **The Ian Simpson Award** **Dr Douglas Bell**

The Ian Simpson Award honours College foundation member Dr Ian Simpson and acknowledges the most outstanding contribution to clinical psychiatry through service to patients and the community.

The Ian Simpson Award was awarded to Dr Douglas Bell for his unwavering determination to provide the best possible care for those in the prisoner mental health system.

the late Dr Mark Sheldon to recognise noteworthy contributions to Indigenous mental health in Australia or New Zealand.

## **The RANZCP Senior Research Award** **Professor Phillipa Hay**

Established in 1978 to recognise excellence in research in psychiatry in Australia and New Zealand, the RANZCP Senior Research Award is presented to the Fellow who has made the most significant contribution to psychiatric research in Australia and New Zealand over the preceding five years.

## **The College Citation**

### **Associate Professor Josephine Beatson** **Associate Professor Ruth Vine**

Established in 1986, the College Citation honours special service to the RANZCP or psychiatry. A College Citation was awarded to two Fellows in 2020:

Associate Professor Josephine Beatson for the significant local and national impact she has made in clinical understandings, access to treatment, treatment effectiveness and to changing negative attitudes towards borderline personality disorder.

Associate Professor Ruth Vine for her significant leadership in public mental health in Victoria for more than two decades, and her invaluable contributions to the College.

## **The Maddison Medallion** **Dr Claire Keating**

First awarded in 1970, the Maddison Medallion recognises and encourages excellence in the study of psychiatry. It is awarded for meritorious performance during training and in the examinations leading to Fellowship of the RANZCP.

## **The RANZCP Early Career Psychiatrist Award** **Dr Philip Mosley**

The RANZCP Early Career Psychiatrist Award was established in 1979 to encourage and promote research in psychiatry in Australia and New Zealand. It is presented to the Fellow or trainee who has contributed the most significant paper published in the past two years.

## **Honorary Fellowship of the RANZCP** **Ms Caro Swanson**

Honorary Fellowship of the RANZCP recognises exceptional and prominent contributions to psychiatry and mental health by a person who does not otherwise qualify for Fellowship.

Ms Caro Swanson was awarded Honorary Fellowship for her influential work in mental health systems and services for more than 20 years in a variety of consumer and peer roles.

## **The Pat, Toni and Peter Kinsman Research Scholarship**

### **Associate Professor Yoram Barak,** **Professor Paul Glue, Dr Christopher Gale and Associate Professor Natalie Medicott**

Supported by the RANZCP Foundation and generously funded by a bequest from the Kinsman family, the Pat, Toni and Peter Kinsman Research Scholarship was established in 1996 to encourage research into postnatal depression in women in Australia and New Zealand.

## **The Scholarly Project Award** **Dr Saul Felber**

The Scholarly Project Award recognises and encourages excellence in the study of psychiatry. It is awarded for the most meritorious scholarly project submitted for the previous calendar year.

## **The Lived Experience Australia Award for Best Practice in Consumer and Carer Inclusion** **Dr Sally Sinclair**

The Lived Experience Australia Award is awarded to the psychiatry trainee who has submitted the best reflection following completion of all five *Collaboration, Communication and Cooperation between Health Professionals* modules in Learnit. The award recognises best practice in consumer and carer inclusion.

## **The Addiction Psychiatry Prize** **Dr Olalekan Ogunleye**

The Addiction Psychiatry Prize is an incentive award designed to encourage achievements and excellence in addiction psychiatry.

## **The Adler Nurcombe Trainee Prize** **Dr Richard Baker and Dr Annie Parsons**

The Prize is awarded to an Advanced Trainee in Child and Adolescent Psychiatry and/or Forensic Psychiatry for the most outstanding paper or poster presented at the Section of Child and Adolescent Forensic Psychiatry conference.

## **The Connell Werry Prize** **Dr Roisin Devlin**

The Connell Werry Prize is awarded to an Advanced Trainee in Child and Adolescent Psychiatry for the most outstanding paper or poster presented at the RANZCP Faculty of Child and Adolescent Psychiatry conference. The prize honours Dr Helen Connell and Professor John Werry who were pioneers in the field in Australia and New Zealand.

## **The Howard Cooper Travelling Fellowship in Child and Adolescent Psychiatry** **Dr Nguyễn Minh Quết**

This fellowship enables a psychiatry trainee or psychiatrist from the Asia-Pacific region to gain experience in child and adolescent psychiatry in Australia or New Zealand. The fellowship honours the life of Dr Howard Cooper, a former chair of the Faculty of Child and Adolescent Psychiatry.

## **The Faculty of Consultation-Liaison Psychiatry Trainee Abstract Prize** **Dr Pierre Wibawa**

The Faculty of Consultation-Liaison Psychiatry Trainee Abstract Prize is awarded to an advanced trainee in consultation-liaison psychiatry for the best oral, rapid fire or poster presentation made at the Faculty of Consultation-Liaison Psychiatry conference.

## **The Medicott Award** **Dr Sam Pang**

The Medicott Award honours Emeritus Professor Reginald Medicott, a leading forensic psychiatrist in New Zealand and inaugural president of the RANZCP, following its incorporation in 1963. The award seeks to encourage achievements and excellence in research in forensic psychiatry.

## **The Faculty of Psychiatry of Old Age Prize for Best Mental Health Service Improvement**

### **Dr Hannah Lake**

The prize encourages and promotes the highest clinical and ethical standards in the delivery of psychiatry of old age services and is awarded for improvements focused upon the needs of people with mental illness who are older.

## **The Faculty of Psychiatry of Old Age Psychiatric Trainee Prize for Scholarly Project**

### **Dr David Kumagaya**

The Faculty of Psychiatry of Old Age Psychiatric Trainee Prize for Scholarly Project is awarded to a current or recent advanced trainee in psychiatry of old age, for meritorious research in the field of psychiatry of old age.

## **The Trisno Family Research Grant in Old Age Psychiatry** **Dr Vivek Phutane**

Supported by the RANZCP Foundation and generously funded by a donation from Dr Roth Trisno and family, the Trisno Family Research Grant aims to support research in the field of old age psychiatry to address the need for more research to optimise the prevention, diagnosis, management and continuing care strategies for older populations.

## **The Faculty of Psychotherapy Essay Prize**

### **Dr Michael Weightman**

The Faculty of Psychotherapy Essay Prize is given for the best essay submitted by a psychiatry trainee or recent Fellow on a psychotherapy topic.

## **The Psychotherapy Research Award** **Dr Dwain Burridge and Dr Eliot Frickey**

Supported by the RANZCP Foundation and Faculty of Psychotherapy, the Psychotherapy Research Award encourages research in psychotherapy among psychiatry trainees and recent Fellows in Australia and New Zealand.

# Members honoured

Throughout 2020, several members of the RANZCP were publicly honoured in Australia and New Zealand for their achievements and contributions to psychiatry and mental health.

The RANZCP congratulates the following members.

## Congratulations to 50 year Fellows

The revitalised annual RANZCP Member Recognition Program recognises Fellows who have recently attained the milestone of 15, 25, 40 and 50 years of Fellowship. Each member receives a letter from the RANZCP President, accompanied by a commemorative RANZCP lapel pin for their anniversary tier. 25, 40 and 50 year Fellows also receive a gift aligning with traditional anniversary themes of silver, ruby and gold.

We would like to congratulate and thank recognised members for their milestone association with and contribution to the College and its values. We are grateful for your dedication, support and contribution to the College's rich history.

The following members achieved a 50 years of Fellowship milestone in 2020 and will be recognised in 2021.

- » Dr Warren Argall
- » Dr Anna Banning
- » Dr Lillian Cameron
- » Dr Peter Causer
- » Dr Warwick Coombes
- » Dr Raymond Cooper
- » Dr Anthony Dinnen
- » Dr Michael Downey
- » Dr Michael Jennings
- » Dr Brian Kimbell
- » Dr Donna Kippax
- » Dr Dorothy Kral
- » Dr Donald Lawrence
- » Dr John Lloyd
- » Dr Sheila Metcalf
- » Dr Desmond Nasser
- » Dr Christopher Percival
- » Dr Nicolette Rodgers
- » Dr John Smith
- » Dr Vance Tottman
- » Dr Paul Valent



**Dr Arumugam Arumugam (Victoria)**  
Member of the Order of Australia (AM)

Dr Arumugam Alagappa Arumugam was made a Member of the Order of Australia (AM) in recognition of his significant service to medicine, to psychiatric health care, and to professional groups.

Dr Arumugam obtained his medical degree at Madras University and completed psychiatry training in Bangalore before migrating to Australia in 1971. He has held numerous positions including as Larundel Deputy Psychiatrist Superintendent, Clinical Subdean of Larundel (Monash) Clinical School, Director of Outer Eastern Community Mental Health Services and Coordinator of Continuing Education.

In the mid-1980s, after experiencing adverse action in the workplace, Dr Arumugam used the *Equal Opportunity Act 1984 (Vic)* to challenge his employer. This case, along with public advocacy for protection against workplace discrimination, fed into a parliamentary review of the 1984 Act and the eventual enactment of the *Equal Opportunity Act 1995 (Vic)*.

In 1986 he accepted the offer of Psychiatrist Superintendent/Director Clinical Services at Heatherston where he commissioned a new psychiatric hospital and developed an integrated network of Adult and Geriatric Psychiatric Chemical Dependency clinical and teaching services with strong links to the local community, Monash University and private psychiatry. Dr Arumugam accepted a position with St John of God as Director of Psychiatry in 1994.

Dr Arumugam obtained membership of the RANZCP in 1981, became a Fellow in 1985 and served on the Victorian Branch Committee and Education subcommittee. He retired in 2010.



**Dr David Codyre (New Zealand)**  
Member of the New Zealand Order of Merit (MNZM)

Dr David Codyre was made a Member of the New Zealand Order of Merit for services to mental health.

Dr Codyre is a psychiatrist with 30 years' experience working in the community mental health sector in New Zealand, in a range of clinical and leadership roles. He has spent the past 18 years leading development of primary mental health programs and advocating at a regional and national level for the strengthening of primary mental health capacity, along with better support for primary care from secondary mental health services. He currently works with Tamaki Health, a network of clinics providing team-based primary care services to populations in high-needs areas of Auckland.

Dr Codyre has led development of an innovative and comprehensive programme integrating three new roles into general practice teams (behavioural health consultant, health coach, and non-governmental organisation support worker), to better support patients' holistic wellbeing needs. Based on strongly positive external evaluation, the New Zealand Government has funded national rollout of the model as part of its 2019 Wellbeing Budget.

He is seconded half-time as Clinical Director of the Auckland Wellbeing Collaborative and is Lead Psychiatrist to the National Telehealth Service – the home of 1737, the Depression Line, Drug/Alcohol Helpline and Quit line.

Dr Codyre is a past member and deputy chair of the RANZCP Quality Improvement Committee, and current member of Tu Te Akaaka Roa – New Zealand National Committee of the RANZCP.



**Professor Philip Morris (Queensland)**  
Member of the Order of Australia (AM)

Professor Philip Morris was made a Member of the Order of Australia for significant service to psychiatry, to medical education, and to professional health organisations.

Professor Morris is qualified in addiction medicine, general adult psychiatry and geriatric psychiatry and is a member of the College's Faculty of Psychiatry of Old Age and the Faculty of Forensic Psychiatry. He was Chair of the Continuing Professional Development Subcommittee, 2005–07, and the New South Wales State Chair from 1983–87. He is also a Fellow of the Australasian Chapter of Addiction Medicine of the Royal Australasian College of Physicians and is Board Certified by the American Board of Psychiatry and Neurology.

Professor Morris has held professorial positions in psychiatry at the University of Melbourne and the University of Queensland, and at the Faculty of Health Sciences and Medicine at Bond University. He was the Medical Superintendent of Macquarie Psychiatric Hospital in North Ryde and Director of Mental Health for the Gold Coast District Health Service. He was the Foundation Director of the Australian Centre for Post-traumatic Mental Health at the University of Melbourne.

Professor Morris is Medical Director of the Gold Coast Memory Disorders Clinic and has a private psychiatric, psychogeriatric and medico-legal practice. He is the Founder and Executive Director of the Australian and New Zealand Mental Health Association and Board Director and Treasurer of the Pacific Rim College of Psychiatrists.



**Dr Sabar Rustomjee (Victoria)**  
Member of the Order of Australia (AM)

Dr Sabar Rustomjee was made a Member of the Order of Australia for significant service to psychotherapy, and to community health.

Born in Sri Lanka to a family of doctors, Dr Rustomjee obtained her medical qualifications at the prestigious Grant Government Medical College in Mumbai where she graduated with honours in 1959. After a decade working in Sri Lanka, followed by a period studying paediatrics in the United Kingdom, in 1969 Dr Rustomjee moved to Shepparton in Victoria where she was introduced to individual and group psychotherapy.

Dr Rustomjee became a RANZCP Fellow in 1981, and not long after joined the Monash Medical Centre where she worked in many capacities for over 40 years. She was an Honorary Senior Lecturer in the Department of Psychology and Psychotherapy at Monash University from 1986–2012.

Dr Rustomjee has been a member of and office bearer in numerous international organisations including the American Group Psychotherapy Association, International Association for Group Psychotherapy, Australian Association of Group Psychotherapists and the Victorian Association of Psychoanalytic Psychotherapists.

In a career spanning over 50 years, the Melbourne-based psychiatrist and group psychotherapist dedicated herself to improving the lives of her patients. She has recently published a book titled *From Contempt to Dignity*, which involves her life story and techniques in the practice and teaching of group psychotherapy. Dr Rustomjee is now retired.



**Dr Lyndall White (Queensland)**  
Member of the Order of Australia (AM)

Dr Lyndall White was made a Member of the Order of Australia for significant service to medicine, to psychiatry, and to perinatal and infant mental health.

Dr White specialises in perinatal psychiatry. She also has a special interest in the support and ongoing education of colleagues in general practice as well as junior colleagues and trainees in psychiatry.

Before training in psychiatry, Dr White spent a decade in remote and rural general practice. This experience of primary care enabled her to establish two general practice liaison and education services, the initial one in a public hospital setting. In 2009, the General Practice Liaison and Assessment Service, which Dr White established with Belmont Private Hospital, won the National Baxter Award for Excellence in Ambulatory Care.

Dr White is a past Chair of the Queensland Section of Perinatal and Infant Psychiatry (SPIP). She represented the RANZCP Queensland Branch at the Queensland Termination of Pregnancy Legislation Review. She is currently Deputy Chair of the Queensland SPIP Subcommittee and Queensland representative on the bi-national SPIP. She is a founding member of the Reference Group for Queensland Centre for Perinatal and Infant Mental Health.

Dr White is a former President of the Australasian Marcé Society for Perinatal Mental Health. She is involved in full-time outpatient/inpatient practice and is a visiting medical officer at three hospitals providing perinatal mental health care, support and teaching across all sites.



# President's report



**It has certainly not been the year any of us expected. We all had to face many challenges, personally and professionally, to look after ourselves and our families and to provide the best possible quality care for our patients and communities. The College also had to adapt its approach across a wide range of areas while continuing to advance core College priorities.**

The 2020 year started with natural disasters and weather events, most notably the catastrophic bushfires which devastated large parts of Australia and impacted many local communities, including those of our members. The College was quick to commit itself to playing a vital role in addressing the impact climate emergency is having on people's mental health and wellbeing.

Of course, the world took another turn as the implications of COVID-19 started to hit home. With the outbreak of the pandemic it was difficult to know what to expect so we planned for the worst. The College closely monitored the changing daily circumstances and government advice in Australia and New Zealand and where possible moved decisively to respond. In early March, an extraordinary meeting of the RANZCP Board was called to discuss the wide-ranging implications of COVID-19 for College business including travel, meetings and activities, Congress 2020, training and assessments, business continuity and financial impact. The difficult decision to cancel the 2020 RANZCP Congress and the Objective Structured Clinical Exams (OSCEs) scheduled for April was made. These carefully considered decisions did not come easily but presaged much more of what was to come.

Because of the pace of change and everybody's desire for information, I decided to write to members often about what we were doing, and the Board moved to increase our support for the welfare of staff and members. The work of the Branch and New Zealand National Committees in leading local initiatives to support the Board was invaluable at that time.

One of my early acts was to write to the Minister for Health in Australia to advocate for changes to Medicare-subsidised telehealth consultations. Many subsequent activities, consultations, letters, meetings, direct representations and forms of advocacy followed. Digital health and other telehealth and telephone services were subsequently and successfully expanded. This would not have been possible without the hard work of so many members responding to the College survey and advocating for telehealth throughout this critical period. Telehealth proved a valuable weapon in the fight against the pandemic and was well received by mental health patients able to access essential health services from a place of their choice.

Suicide prevention was a priority for me and for the College. The President's taskforce on suicide prevention acted quickly to develop and promote a bi-national issues paper on the impacts of COVID and potential interventions for suicide prevention. The College strengthened its links with key organisations. I met numerous times with senior government officials on suicide prevention and members of the College secured positions on influential advisory groups. The taskforce identified gaps in training and continuing professional development on suicide and in collaboration with the Education Committee began developing education and training resources. There were also member welfare resources developed to support Fellows and trainees in coping with the suicide of a patient. In December, the new position statement on the role of psychiatrists in preventing suicide was completed. This will provide a clear and powerful platform for our advocacy in Australia and New Zealand.

One of the main adverse effects of the pandemic for the College was the impact restrictions imposed by governments had on the continuity of training, exams and assessments. The support of trainees, Specialist International Medical Graduates and Fellows undertaking Certificates of Advanced Training during the COVID-19 pandemic was a key priority. The College developed a set of guiding principles in relation to training requirements and made every attempt to ensure trainees would not be disadvantaged due to decisions made and that all personal circumstances would be considered. In November, the College held its first ever remote OSCE, across 29 locations and 6 time zones in both Australia and New Zealand.

The latter part of the year saw a return to COVID-adapted activities and events with numerous Faculty and Section conferences held virtually. The RANZCP 2020 New Zealand Conference in Napier was the College's first ever 'hybrid' conference which saw a large number of delegates attending in person with others attending virtually and accessing live-streamed and on-demand conference material.

The College leveraged opportunities to reinforce and advocate for more innovative models of care and improved mental health systems. We saw an unprecedented number of overlapping inquiries and findings across both countries in which the College played an active part. In Australia there was the Medicare Benefits Schedule (MBS) Review Taskforce and National Mental Health Workforce Strategy as well as royal commissions into Aged Care Quality and Safety, and into Disability. There was also the long-awaited release of the *Productivity Commission, Mental Health, Final report*. In New Zealand, submissions were made to the Ministry of Health's *COVID-19 Psychological and Mental Wellbeing Recovery Plan*, the Medical Council of New Zealand's *Telehealth* statement and Te Pou's *Integrated Care in Primary Health*. Even with this activity and the welcomed government investment in mental health, there is still a need for wide-reaching mental health system reform and a great deal of work to be done.

This is my last President's report, in May 2021 our current President-Elect, Associate Professor Vinay Lakra, will assume the role of RANZCP President for his term. I thank Vinay for all his support during this challenging time. My sincere appreciation also to the RANZCP Board for their professionalism and dedication, meeting fortnightly for a good part of the 2020 year. I would also like to thank the Chief Executive Officer, Mr Andrew Peters and his office for all their support, as well as the staff across the College. Finally, I must acknowledge the members who have adapted, responded so quickly and graciously to change, and given so fully of themselves to their patients and communities.

**Associate Professor John Allan**  
President

# CEO's report



**The 2020 year highlighted the College's strength and resilience through extraordinary circumstances. It posed challenges which we had never experienced before as individuals or as a College. With the onset of the pandemic, we all had to rapidly adapt to a new way of living and new ways of working.**

The College started the year in a sound position – operationally, financially and in terms of governance, and coming into COVID-19 this benefited our capacity to respond quickly and well. With the full support of the Board, College staff worked hard to continue all aspects of our work, deliver regular support services to members, and develop innovative alternative arrangements wherever necessary.

There were a number of areas of core business that were affected by COVID-19 and the resulting restrictions. By the end of March, all College offices had closed, and staff had transitioned to working remotely. It is worth acknowledging the professionalism of our College staff who made this transition in a such a highly efficient manner, and I thank members for their understanding during that time.

Throughout the year, the College's priority was to support the safety, health and wellbeing of the community, our members, and staff. A key initiative to support the flow of information and the most up-to-date knowledge was the creation of a dedicated COVID-19 Information Hub on the College website. The hub was regularly updated with details relevant to training, continuing professional development, clinical guidance, and the College's advocacy activities. It also included the establishment of a COVID-19 Resource Library to facilitate members' access to high quality and clinically relevant resources.

A new member wellbeing support hub, with resources such as self-care e-learning modules, online cognitive behavioural therapy programs and other practical guides was also launched mid-year to provide a starting point for trainees or psychiatrists in need of assistance.

A series of COVID-19 member support videos, covering topics such as dealing with anxiety, mindfulness and managing a practice during COVID-19, was also developed with the expertise and generous assistance of our members.

The College launched a new digital channel, Psych Matters, which hosted a series of informative and educational podcasts for psychiatrists and those interested in psychiatry. Together with a group of other expert organisations, we helped to develop a new e-health website and app, TEN (The Essential Network), a new service to connect health workers with specialist mental health advice. Close to 40 webinars were delivered to support members' continuing professional development, including a successful Member Education E-sessions series. And despite the cancellation or postponement of many events, including the 2020 Congress, we were also able to deliver a number of fully virtual conferences. Pleasingly, the year concluded with our annual New Zealand conference, which for the first time incorporated both in-person and virtual delegates in a hybrid event.

The cancellation of the April 2020 Objective Structured Clinical Examinations (OSCE) was a stressful time for all those concerned. It also posed many new challenges for our members and staff who worked diligently to develop and deliver what was one of many firsts for the College during the year - an Audio Visual (AV) OSCE in November.

From May, governments in Australia and New Zealand began gradually altering public restrictions, as well as a range of social, business and workplace requirements. The College actively monitored government information and the advice of chief health officers and incorporated these into staff working arrangements. The nuanced variations across each country and jurisdictions with respect to the pace and extent of change to restrictions, required a cautious and careful approach to implementing any return to COVID-safe workplaces for our staff. The personal circumstances for each of our staff, often quite different, also had to be taken into consideration. The ongoing challenge is to facilitate the right mix of workplace arrangements to meet our organisational, member, and staff needs while satisfying health and safety obligations in a COVID-adapted world.

The pandemic also forced a rethink of how members and staff undertook our core business and work, which will likely have permanent impacts. College committees embraced online platforms to conduct meetings that in the past have been held in person, and professional development and events moved quickly to virtual delivery. The sudden shift to more remote and flexible working generated a high need for reliable, robust, and secure information technology systems. This drove College investment and upgrades in infrastructure, equipment, security, and support to meet the challenge and enhance overall productivity for the years ahead.

Through a difficult year, I have greatly enjoyed working with the new Board, our many generous members, and dedicated staff, to find new and innovative ways of continuing with the everyday business of the College. We all had our different experiences, but it was rewarding to see how as an organisation we were able to deal so effectively and collegially with the challenges.

In 2021, President-Elect Associate Professor Vinay Lakra will assume the role of RANZCP President. I would like to take this opportunity to thank Associate Professor John Allan for his counsel and guidance during his term, in particular during this challenging year. It has been a pleasure working with John, and the College has benefited enormously from his wisdom and leadership. I would also like to express my gratitude to our members for their engagement and many contributions, above and beyond, and the College staff for their commitment and excellent work.

**Mr Andrew C Peters**  
Chief Executive Officer

# Board report

The RANZCP Board of Directors led the College through a year that brought with it many challenges for our members and our communities.

Despite the circumstances, the College was able to manage the impacts of the COVID-19 pandemic on its operations, as well as the immediate strategic priorities for the College in a changing world. With the support of, and in consultation with, the Members' Advisory Council, the Board developed the *RANZCP Strategic Response Plan 2021* and approved the extension of the *2018-2020 Strategic Plan*. Both plans will provide the College's strategic focus for 2021 and guide our COVID-safe operations into the near future.

Elections were held for the five Board Director positions and the Board welcomed Associate Professor Beth Kotze, Associate Professor Neeraj Gill and Dr Elizabeth Moore as newly-elected Executive Directors (with Dr Moore having served in a casual vacancy capacity for the preceding 12 months), joining Dr Nick O'Connor and Dr Sue Mackersey who were elected for another term.

The year saw two long-standing Board Directors, Dr Margaret Aimer and Dr Peter Jenkins, conclude their terms after both had joined the Board as inaugural Directors in 2013. Dr Aimer's term was one of significant innovation and development through her leadership of the Education Committee, and Dr Jenkins was heavily involved in furthering the College's active engagement in policy development through external partnerships and advocacy. We would again like to thank them for their seven years of service and dedication to the Board and the College.

The Board was fortunate to meet in person in February before having to adapt to meeting virtually for the remainder of the year. In total, the Board met 17 times, with 16 of these meetings held virtually every few weeks from March onwards (compared to a total of eight meetings in 2019). For the first time, the College's Annual General Meeting was also held virtually.

Whilst much work was reprioritised to focus on responding to the pandemic and supporting and advocating for members through the challenges of 2020, the Board's Priority Groups were also able to progress in their work. The supporting committee infrastructures for the priority areas of Aboriginal, Torres Strait Islander and Māori mental health; supporting our Pacific neighbours; rural and remote mental health; psychiatric workforce; suicide prevention; and addressing alcohol harm and mental health were all finalised, and their ambitious programs of work advanced.

Earlier in 2020, in response to the devastating bushfires across Australia, the Board focused on supporting members impacted and ensuring that preparations for future emergencies were as comprehensive as possible. The College engaged with national and state governments to ascertain how best to support their respective emergency and recovery plans.

The Board recognises that these terrible events have a link to the global climate emergency and remains committed to increasing awareness of the impacts of climate change on mental health. The College partnered with Doctors for the Environment and other medical colleges calling on the Australian Government to ensure that health maintains a central focus in all aspects of the COVID-19 economic recovery, and that a healthy transition to a climate resilient economy is supported.

In response to the rapidly changing COVID-19 circumstances, and in recognition of the potential for significant risk to the wider community, the Board made the difficult decision to cancel the 2020 College Congress which was due to take place in May. Planning and preparation for a hybrid in-person and virtual RANZCP 2021 Congress was able to commence during the year, and the Board looks forward to seeing as many members as possible in Hobart in May 2021.

After the difficult health and safety-related decision to cancel the April 2020 Objective Structured Clinical Examinations (OSCE), in November 2020 the College held its first-ever Audio Visual (AV) OSCE. Consultation and planning also commenced and progressed on an AV OSCE for April 2021, and for an alternative assessment program in 2021 and beyond to accommodate as many exam candidates as possible.

The Board commissioned an external review of the College's current Faculty, Section and Network structures which will feed into considerations about how best to support, resource, and develop our current groups, support the needs of the membership, and develop a structure that will sustain the growth and development of the College into the future. The Board determined to place on hold any applications for Faculty, Section or Network status until this review is finalised.

The Board commenced discussions on its structure and potential enhancements to its current diverse mix and commissioned the Corporate Governance and Risk Committee to develop a plan to review Board diversity.

**Associate Professor John Allan**  
President

## Board members



» A/Prof. John Allan,  
President



» A/Prof. Vinay Lakra,  
President-Elect



» A/Prof. Neeraj Gill,  
Elected Director



» A/Prof. Beth Kotze,  
Elected Director



» Dr Sue Mackersey,  
Elected Director



» Dr Elizabeth Moore,  
Elected Director



» Dr Nick O'Connor,  
Elected Director

# Board Constituent Committee reports

## Audit Committee

The Audit Committee is a constituent committee of the RANZCP Board and its primary objective is to oversee and monitor the College's audit processes, including the College's internal control activities.

The College has continued to engage RSM Australia Partners to conduct the external audit of the annual financial report. The Audit Committee reviewed the audit strategy for the financial year which outlined the approach to the annual financial audit including the scope, risk assessment and financial reporting matters. The Audit Committee is responsible for ensuring statutory reporting requirements are adopted by the College. There are no new or revised Australian Accounting Standards which are applicable to the College during the reporting period. Each year the audited financial report including the auditor's report are presented to College members at the Annual General Meeting.

In June this year, the Annual General Meeting was held in a virtual format for the first time by the College.

The College is endorsed by the Australian Taxation Office (ATO) for charity tax concessions including income tax exemption. The ATO recommends that a yearly self-review of status be undertaken by organisations endorsed for charity tax concessions. The College conducted the annual self-review of College structure and operations during the year. Based on the outcome of the self-review, the Audit Committee has concluded that the College remains compliant with the ATO endorsement for charity tax concessions. The Audit Committee also reviewed the College's information technology security and risk management framework.

The Audit Committee welcomed Associate Professor Beth Kotze and Associate Professor Neeraj Gill as new members of the committee.

The priorities for the Audit Committee for 2021 include reviewing the outcome of the audit of the 2020 annual financial report and overseeing the audit process for the following year.



Chair,  
**Associate Professor  
Vinay Lakra**

## Committee members

- » A/Prof. Neeraj Gill
- » A/Prof. Beth Kotze
- » A/Prof. Vinay Lakra
- » Dr Elizabeth Moore
- » Dr Jerome Nicholapillai



## Corporate Governance and Risk Committee

The Corporate Governance and Risk Committee (CGRC) guides the College in achieving its strategic objectives through sound governance processes and organisational effectiveness.

The importance of balance between maintaining robust equitable governance practices and agility to allow for progression, saw the CGRC consider a number of matters before it with this in mind during 2020.

With a continuous focus on the evaluation and enhancement of College governance processes, the CGRC has provided oversight of and advice to the RANZCP Board on areas including, but not limited to:

- » the College's Elected Director Election
- » a transition support structure for the Board
- » review of election documentation ahead of the 2021 President-Elect Election
- » governance processes relating to the COVID-19 Resource Library
- » committee quorum requirements
- » the Annual General Meeting – which was held in a virtual environment for the first time.

Working collaboratively with the membership, the CGRC also reviewed a number of College documents prior to submission to the Board.

The management of risk was particularly pertinent during the pandemic and a thematic review of all College Risk Registers was discussed and reported to the Board.

The CGRC's key work items in 2021 include:

- » oversight of the President-Elect Election
- » the Faculty, Section and Network review which was announced by the President to the membership in September 2020
- » communications concerning the Board election vote and count methodologies
- » oversight of committee elections and the continuation of committee renomination principles following the successful trial undertaken in 2020.

Following the 2020 Elected Director Election and the Board's consideration of its constituent committee portfolios there was a change in CGRC Chair. Sincere thanks and gratitude are extended to Dr Nick O'Connor, previous Chair, for his pragmatic leadership and service on the CGRC since 2013.



Chair,  
Associate Professor  
Beth Kotze

### Committee members

- » Dr Wolé Akosile
- » Dr Arran Culver
- » Dr Subhash Das
- » Dr Kerri Eagle
- » A/Prof. Beth Kotze
- » Dr Sue Mackersey
- » Dr Helen McGowan
- » Dr Andrew Robinson
- » Dr Deepa Singhal

## Education Committee

The 2020 year saw many innovative developments in education addressing the challenges of COVID-19 through improvement initiatives and process re-engineering across continuing professional development (CPD), accreditation, training and assessment.

### CPD response to COVID-19

In line with the changes made by the Medical Council of New Zealand and the Medical Board of Australia in response to COVID-19, the College decided to make the completion of CPD voluntary for 2020.

- » Over 88% of those enrolled in the CPD program continued to participate.
- » Peer review groups (PRG) continued via online technologies (Zoom and Skype) with over 84% recording some PRG activity, demonstrating the importance of peer connection and support.
- » The Practice Visit Redevelopment Project faced pandemic-related challenges and was redesigned to function either virtually or, when restrictions permit, face to face. A pilot will be conducted in the first quarter of 2021.

### Reporting

- » A key tool for monitoring the quality of the Fellowship program was implemented with the Exit Survey administered to new Fellows.
- » An Australian Medical Council (AMC) re-accreditation progress report on the RANZCP training programs was submitted to the AMC in August.

### Accreditation

The accreditation of Formal Education Courses (FEC), initially due at the end of 2020, was extended and their scheduled assessments deferred to 2021. Transition towards virtual accreditation to maintain the expected quality assurance of the

Fellowship program has been widely accepted. The re-accreditation of FECs has recently recommenced.

### Digital education services

- » Further development of the College's training administration system, InTrain, improvement in training and assessment forms, and greater flexibility and access for trainees, supervisors and Directors of Training.
- » Transition to the new SAP Litmos learning management system – we are now directly hosting Royal College of Psychiatrists' modules.
- » Production of *Psych Matters* for members with 10 completed podcasts.

### Training and development: Fellowship program and SIMGE

Changes to training and Specialist International Medical Graduate (SIMG) assessments were made to tailor to the pandemic requirements, and significant provisions granted to candidates to ensure progression to Fellowship could continue during the pandemic. Key focus areas have included the redesign of assessment processes and transition to online for substantial comparability of applicants and candidates.

### Assessments and examinations

The COVID-19 pandemic has significantly affected the College's capacity to deliver face-to-face assessments, particularly the Objective Structured Clinical Exam (OSCE) in its usual format. An alternative model was proposed by the Committee for Examinations (CFE) and approved by the RANZCP Board, to enable trainees and SIMGs to continue to progress.

The Audio-visual (AV) OSCE was five months in planning and involved 42 candidates across six time zones and 29 locations in Australia and New Zealand, with more than 80 Fellows supporting the exam as examiners, invigilators, station masters or members of the relevant committees.



Chair,  
Dr Nick O'Connor

A detailed project plan to re-engineer all the current OSCE processes, a Risk Mitigation Plan and regular communications were developed. Extensive AV testing was conducted with all the participants, Information Technology and Cliftons the exam venue providers.

The Chair, Trainee Representative Committee (TRC) and members of the COVID-19 Education Steering Group (CESG) met on a regular basis to ensure trainee needs and views were embedded into the AV OSCE development. The CESG met with Chairs of the CFE, Committee for Training, Committee for SIMGE and TRC, and members of the AV OSCE Management Group to discuss potential risks and strategies of the project, and the planning for 2021.

### Committee members

- » Ms De Backman-Hoyle
- » Dr Wayne de Beer
- » Dr Nardine Elzahaby
- » Dr Marcia Fogarty
- » Dr David Furrows
- » Dr Nathan Gibson
- » A/Prof. Dr Brad Hayhow
- » Dr Bill Kingswell
- » A/Prof. Beth Kotze
- » Dr Saretta Lee
- » Dr Nick O'Connor
- » Prof. Soddichha Sahoo
- » Dr Gregory Spencer
- » Dr Choong-Siew Yong



## Finance Committee

The primary objective of the Finance Committee is to act as an advisory body to the RANZCP Board in relation to statutory and contractual compliance and financial strategy reporting.

The College reported an overall operating surplus of \$3.28 million for the financial year. The operating result included government support income totalling \$2.20 million received during the year consisting of the JobKeeper wage subsidy and the cash flow boost for employers.

Like many businesses and not-for-profit organisations, the College experienced a decrease in revenue due to the pandemic. Receipt of the JobKeeper subsidy in 2020 provided an environment whereby the College could maintain its current staffing and services to the membership.

The Finance Committee undertook a range of key responsibilities in 2020.

- » Monitored the College cash flows, operating results and financial position periodically throughout the year ensuring the College maintained a strong fiscal position and remained financially viable.
- » Reviewed investments on a regular basis ensuring the external advisor, JBWere, managed the investment portfolio in

accordance with the College's Investment Policy. The Investment Policy was reviewed during the year. The Finance Committee has oversight of the Investment Subcommittee comprising of three members from the committee.

- » Reviewed the mid-year operating results forecast for the 2020 financial year and the draft annual budget for the 2021 financial year. Made recommendations and submitted the forecast and budget to the Board.
- » Served as an independent and objective party to review financial information including annual accounts and accounting policies and practices presented by management to the Board for presentation to College members and regulatory authorities.
- » Provided oversight of College financial management. The Finance Committee reviewed and considered various business cases for a range of initiatives. The proposals endorsed by the Finance Committee and approved by the Board included the acquisition of Level 4, 309–313 La Trobe Street in Melbourne and Unit 1, 31 Broadway, Nedlands in Western Australia, and the New South Wales Branch office renovations.



Chair,  
**Associate Professor  
Neeraj Gill**

### Committee members

- » A/Prof. John Allan
- » A/Prof. Neeraj Gill
- » Dr Ankur Gupta
- » Dr Prasoon Gupte
- » A/Prof. Vinay Lakra
- » Dr Murray Patton
- » Dr Robin Pratt
- » Dr Tarun Sehgal
- » Dr Julie Wehbe

## Membership Engagement Committee

The Membership Engagement Committee (MEC) listens to the views of members and makes recommendations around how the College can best meet their needs and expectations.

Staying connected was the hallmark of our work this year. We made sure that members could find new ways to engage with each other and the College across diverse online platforms. We intensified our work on supporting members' wellbeing, and we assisted the College to make rapid and responsive changes in several key membership services and operations.

The year saw the MEC contribute to the RANZCP Board's response to the global coronavirus pandemic, reflected through the rollout of several new MEC initiatives, projects and services including:

- » conducting a large-scale member wellbeing survey, which provided valuable insights to assist in planning future College programs and initiatives
- » launching a new online Member Wellbeing Support Hub designed to help members navigate to the right type of help when they need it most
- » delivering the first year of the bi-national RANZCP Mentoring Program to 250 participants

- » delivering e-learning sessions that provided accessible and relevant content to support members' continuing professional development in lieu of in-person conferences and events
- » publishing 10 member-recorded videos in a new series hosted on the *Your Health in Mind* YouTube channel, with content by members for members on issues relevant to them
- » introducing Zoom-based open discussion forums for members, providing a new way for Australian and New Zealand members to stay in touch and exchange experiences virtually
- » launching a refreshed RANZCP Member Recognition Program recognising Fellows who attain the milestone achievement of 15, 25, 40 and 50 years of Fellowship
- » celebrating and welcoming new Fellows to the College with local and virtual events
- » providing additional membership subscription fee relief and increased payment flexibility where appropriate.

The MEC thanks all members who have contributed to this work during the year.

As we now look forward, the MEC welcomes queries, feedback and ideas from all members at every stage of their career. Please contact us via [board\\_mec@ranzcp.org](mailto:board_mec@ranzcp.org), or in person or online.



Chair,  
**Dr Sue Mackersey**

### Committee members

- » Dr Gopika Asokan
- » Dr Andrew Amos
- » Dr Prachi Brahmabhatt
- » Dr Alice Chang
- » Dr Tessa Cookson
- » Dr Susanna Galea-Singer
- » Dr Ashar Khan
- » Prof. Steve Kisely
- » A/Prof. Beth Kotze
- » Dr Sue Mackersey
- » Dr Prue McEvoy
- » Dr Nick O'Connor
- » Prof. Sarah Romans
- » Dr Afraz Zaman

# Members' Advisory Council report

## Practice, Policy and Partnerships Committee

The Practice, Policy and Partnerships Committee (PPPC) oversees six committees: Committee for Professional Practice; Committee for Evidence-Based Practice; Committee for Research; Aboriginal and Torres Strait Islander Mental Health Committee; Te Kaunihera (Māori Mental Health Committee); and the Community Collaboration Committee.

These committees encompass professional and clinical psychiatry practice, research, and collaboration with community members including Aboriginal and Torres Strait Islander peoples and Māori.

As 2020 got underway, a priority for the PPPC was the significant number of inquiries, royal commissions and reviews underway in both Australia and New Zealand. However, in March all plans needed to be put to one side to contribute to the College's response to the COVID-19 pandemic, with the rapid development of advice and resources for members on topics including personal protective equipment, delivery of electroconvulsive therapy, suicide prevention, telehealth and the Medicare Benefits Schedule COVID-19 items. A rapid review process was also implemented to approve the most relevant publications and studies from external sources to the College's COVID-19 Resource Library.

As the year progressed, the PPPC Executive met regularly online, as did all PPPC constituent committees, with the second half of the year enabling a return to many of the other workplan priorities. This included the completion of more than 125 submissions to consultations at national, state and territory levels, including Australia's Productivity Commission Inquiry into Mental Health, the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability, and pre-budget submissions.

The PPPC published new and updated College policies and guidance on:

- » *Suicide prevention – the role of psychiatry*
- » *Trauma-informed practice*
- » *Acknowledging the Stolen Generations*
- » *Voluntary assisted dying*
- » *Treating hepatitis C*
- » *Therapeutic use of psychedelic substances*
- » *Therapeutic use of medicinal cannabis products*
- » *Developing reports and conducting independent medical examinations in medico-legal settings*
- » *Access and use of clinical information for medico-legal reports in New Zealand.*

Building on the COVID-19 response, a new working group was established to review the College's telehealth standards and resources. Other working groups have continued their work, albeit with some delays, including the:

- » Gender Dysphoria Steering Group, to develop advice on evidence-based mental health considerations and care for children and adolescents experiencing gender dysphoria
- » MBS Taskforce Review Working Group, to inform the MBS Review in Australia to ensure services are aligned with contemporary clinical evidence and improve health outcomes for patients
- » Mood Disorders Clinical Practice Guideline Update Steering Group, which finalised the guideline for publication
- » ADHD Working Group, to provide practical advice to support care across the lifespan.

This year has also seen the:

- » awarding of \$37,000 in research grants to trainees and Fellows
- » provision of around \$22,000 to 13 trainees who identify as Aboriginal, Torres Strait Islander and/or Māori to support their training pathway.



Chair,  
**Dr Elizabeth Moore**

Throughout the year 94 Fellows, 7 trainees and 21 community members have directly participated on the PPPC, its constituent committees and working groups. Hundreds more members have contributed to submissions, policies and guidelines. I trust that all members and the community will benefit from this work. Acknowledgement and appreciation are extended to all members of the PPPC, its committees and working groups, and to staff for their excellent support.

### Committee members

- » Dr Alan Altham
- » Dr Siva Balaratnasingam
- » Dr Susanna Galea-Singer
- » A/Prof. Neeraj Gill
- » Dr Nicholas Judson
- » A/Prof. Vinay Lakra
- » Dr Eileen Lavranos
- » Dr Lyndy Matthews
- » Dr Elizabeth Moore
- » Dr Claire Paterson
- » Dr Edward Petch
- » Ms Louise Salmon
- » Prof. Dan Siskind
- » A/Prof. Geoff Smith
- » A/Prof. Simon Stafrace

The Members' Advisory Council (MAC) provides information and advice to the RANZCP Board on a variety of issues, and acts as a forum for the College's key groups to raise and discuss issues and provide feedback.

The MAC has representation from all Branches, Tu Te Akaaka Roa – New Zealand National Committee, Faculties, Sections, trainees and overseas-trained psychiatrists, the College's Aboriginal and Torres Strait Islander Mental Health Committee, Te Kaunihera, and members of the community. Board Directors also attend the MAC, along with the Chief Executive Officer and senior management team.

The MAC met virtually, twice in 2020 with a focus on College matters related to COVID-19. Discussions were wide-ranging and informed the development of the new *RANZCP Strategic Response Plan 2021*, redefining the College's focus in a COVID-19 environment.

The key topics included:

- » advocacy for private practice psychiatry and ways the College can enhance support for private practice psychiatrists
- » importance of maintaining existing and new member engagement, and the need for further investment and research into developing social media, platforms and engagement tools
- » the College's approach to the recovery phase from COVID-19
- » future mental health systems (post-COVID-19) in Australia and New Zealand
- » discrimination and equity – gender and cultural inclusiveness.

A separate meeting of the Branch Chairs and the Chair of Tu Te Akaaka Roa occurs prior to each MAC meeting, as well as a forum of Faculty and Section bi-national committee Chairs, providing useful shared learning and positive reinforcement of priorities. Issues identified during MAC meetings were tabled at subsequent Board meetings.



Chair,  
**Associate Professor Vinay Lakra**

They were progressed as a priority by the College's senior management team, led by the Chief Executive Officer, with feedback and consultation to the wider membership as appropriate.

On behalf of the Board, I would like to acknowledge the important role played by the MAC in 2020 in supporting the College in its response to COVID-19, providing advice to the Board, and representing the views and interests of the wider membership.

### Committee members

- |                           |                           |                            |                      |
|---------------------------|---------------------------|----------------------------|----------------------|
| » Dr Agnew Alexander      | » Dr Ben Elijah           | » A/Prof. Vinay Lakra      | » Dr Claire Paterson |
| » A/Prof. John Allan      | » Dr Nardine Elzahaby     | » Ms Eileen Lavranos       | » Dr Daniel Pellen   |
| » Dr Shalini Arunogiri    | » Prof. Brett Emmerson    | » Dr Mark Lawrence         | » Dr Paul Robertson  |
| » Dr Michelle Atchison    | » Dr Paul Furst           | » Dr Fatma Lowden          | » Dr Kerryn Rubin    |
| » Dr Siva Balaratnasingam | » Prof. Megan Galbally    | » A/Prof. Steve Macfarlane | » Ms Louise Salmon   |
| » Dr Justin Barry-Walsh   | » Dr Susanna Galea-Singer | » Dr Sue Mackersey         | » Dr Yolisha Singh   |
| » Dr Chad Bennett         | » A/Prof. Neeraj Gill     | » Dr Bill Mantzioris       | » Dr Angelo Virgona  |
| » Dr Alice Chang          | » Dr Salam Hussain        | » Dr Robert McPherson      | » Dr Darryl Watson   |
| » Dr David Chapman        | » Prof. Richard Kanaan    | » Dr Elizabeth Moore       |                      |
| » A/Prof. Mathew Coleman  | » A/Prof. Robert Kaplan   | » Dr Nick O'Connor         |                      |
| » Dr Michael Daubney      | » A/Prof. Beth Kotze      | » A/Prof. Robert Parker    |                      |



# Member Representative Committee reports

## Trainee Representative Committee

Important areas progressed in 2020 were in training, exams, and wellbeing of trainees in the context of the pandemic. The Trainee Representative Committee (TRC) welcomed the College initiative to support Aboriginal, Torres Strait Islander and Māori psychiatry trainees with the costs of specialist training.

The TRC has advocated for the development of a solid plan for exams in 2021 to ensure trainees are not delayed in their progression towards Fellowship. It has also championed transparency in relation to expectations of trainees in assessments and the need for more exam preparation resources and coaching for trainees and Specialist International Medical Graduates.

The TRC supported the release of the Australian Council for Educational Research report and advocated for the timely incorporation of select recommendations. It noted that gender discrimination in the workplace has

been problematic. A gender diversity and equity working group has been formed and it is hoped that this will provide guidance to improve the training experience. The Committee has been involved in advocating for culture improvement in some hospital sites.

The Committee continues to encourage trainees to get and remain involved in the various College committees as these provide excellent leadership opportunities and shape the future of psychiatry training.

The TRC has been working with the:

- » Membership Engagement Committee (MEC) Equity Working Group
- » Syllabus Review Working Group
- » President's Advisory Group on Suicide
- » COVID-19 Education Steering Group
- » Examinations Review Steering Group.



Chair,  
**Dr Nardine Elzahaby**

### Committee members

- » Dr Kieren Allen
- » Dr Alan Altham
- » Dr Gopika Asokan
- » Dr Ryan Barber
- » Dr Tahnee Bridson
- » Dr Belinda Clark
- » Dr Tasnia Disha
- » Dr Nardine Elzahaby
- » Dr Angus Finlay
- » Dr Matthew Kang
- » Dr Skye Kinder
- » Dr Jessica King
- » Dr Robert McPherson
- » Dr Maryam Nesvaderani
- » Dr Murugesh Nidyananda
- » Dr Andrew Robinson
- » Dr Katherine Tan
- » Dr Ashlea White

## Overseas Trained Psychiatrists' Representative Committee

The Overseas Trained Psychiatrists' Representative Committee (OTPRC) has continued to advocate for overseas-trained psychiatrists bi-nationally, addressing issues and concerns of the College's overseas-trained workforce, and developing ideas and initiatives from a welfare-perspective.

The Committee commenced discussion with the RANZCP Board on a proposed change to the term overseas trained psychiatrist, currently used by the College. It will undertake broader consultation within the College to better understand the implications of the proposed change, particularly in the context of education and training.

The matter of Affiliate member voting rights remains on the OTPRC agenda. The Committee continues to work with

the College to progress the proposed change to the College's Constitution.

Following a call from New Zealand Affiliate Members, the OTPRC is advocating for the College's recognition of New Zealand Affiliate members with more than ten years' experience and good standing for their contribution to the mental health sector. There is support for further exploration of the proposal and possible alignment of the substantial comparability pathway with the vocational registration process in New Zealand.

The Committee provided comment and feedback on Black Lives Matter and the Australian Government Department of Health proposed changes to requirements under s19AA and 19AB of the *Health Insurance Act 1973*.



Chair,  
**Dr Susanna Galea-Singer**

### Committee members

- » Dr Aniket Bansod
- » Dr Emma Crampin
- » Dr Susanna Galea-Singer
- » Dr Gagan Garg
- » Dr Yara Khedr
- » Prof. Saddichha Sahoo
- » Dr Deepa Singhal
- » Dr Suman Sinha
- » Dr David Ward
- » Dr Afraz Zaman

# RANZCP Foundation Committee report

The RANZCP Foundation is the College charity charged with encouraging and enabling psychiatrists to undertake mental health research.

With the support of our generous donors, the leadership of the RANZCP Foundation Committee and the RANZCP Board, the Foundation has this year moved to implement its new and bold vision – ‘Transforming mental health care, creating a world of potential’.

The Foundation has also determined three broad thematic areas to provide a focus for our future work: promoting research and fostering innovation and partnerships; building knowledge and skill; and supporting individuals, families and their communities to achieve and maintain health and wellbeing throughout the lifespan.

Highlights for the Foundation this year have included:

- » supporting nine College trainees and Fellows to undertake new research projects in psychiatry
- » funding an additional research project through our successful RANZCP Foundation Early Research Career Grant program

- » publishing our second annual review profiling psychiatry researchers we supported
- » confirming a major future bequest to be named in honour of a past Fellow
- » undertaking a detailed study of our current donors, expanding our understanding of their motivations and aspirations for the Foundation
- » with the support of the Board, expanding the matched dollar-for-dollar donations contribution from the College, increasing from \$5,000 to \$50,000 per annum
- » expanding awareness and information about our work to members
- » progressing work to secure tax-deductible status in New Zealand.

With important groundwork undertaken over the past two years, the Foundation looks forward to translating the support of our donors into meaningful research projects, clinical work, and other initiatives to improve the mental health and wellbeing of communities.



Chair,  
**Dr Elizabeth O'Brien**

We extend gratitude and thanks to all our donors who have helped support the next generation of Fellows and trainees in research, and hence contribute to the influence and reach of psychiatry in benefiting the mental health of Australians, New Zealanders and our neighbouring nations.

If you would like to be involved the work of the Foundation, please contact us at [foundation@ranzcp.org](mailto:foundation@ranzcp.org)



Transforming mental health care,  
creating a world of potential

## Committee members

- » A/Prof. John Allan
- » Dr Peggy Brown
- » Prof. Gerard Byrne
- » Dr David Chaplow
- » Prof. Malcolm Hopwood
- » Dr Nick Kowalenko
- » Prof. Gin Malhi
- » Prof. Helen Milroy
- » Dr Elizabeth O'Brien
- » Dr Murray Patton
- » Prof. Dan Siskind



# New Zealand National Committee Report

## Tu Te Akaaka Roa – New Zealand National Committee

*Manaaki whenua  
Manaaki tangata  
Haere whakamua*

*Care for the land  
Care for the people  
Go forward*

Tu Te Akaaka Roa, working with the other New Zealand-based committees, has focused on equity. Health inequities became more pronounced during the COVID-19 pandemic with vulnerable populations disproportionately placed at risk. These committees provided feedback to the Ministry of Health outlining their general experiences during the pandemic, noting the benefits and disadvantages with telehealth.

Tu Te Akaaka Roa has also worked closely with PHARMAC around any potential product shortages as the pandemic disrupted supply channels globally. Another consequence of the pandemic is the increasing workload experienced by the Vocational Education Advisory Body Committee, who are tasked with assessing the eligibility of overseas psychiatrists to practise in Aotearoa/New Zealand.

Our mahi (work) in 2020 included:

- » 24 submissions – including responding to the Ministry of Health’s COVID-19 Psychological and Mental Wellbeing Recovery Plan, the Medical Council of New Zealand’s Telehealth statement, Te Pou’s Integrated Care in Primary Health, and developing an Election Priorities 2020 statement.
- » 34 advocacy meetings – including with the Royal Commission into Historical Abuse in State Care, Department of Corrections, the Director of the Suicide Prevention Office and the Chief Ombudsman.

A successful RANZCP 2020 New Zealand Conference with over 350 onsite and virtual delegates was held in Napier from 30 November – 2 December.

Looking to 2021, health reform will continue with the government implementing *He Ara Oranga*, establishing the Mental Health and Wellbeing Commission, and developing



Chair,  
**Dr Mark Lawrence**

a response to the *Health and Disability Sector Review*. A binding referendum supporting the *End of Life Choice Act 2019* signals additional work in this area for psychiatrists.



## Committee members

- » Dr Francis Agnew
- » Dr Ryan Barber
- » Dr David Codyre
- » Dr Arran Culver
- » Dr Susanna Every-Palmer
- » Dr Alan Faulkner
- » Dr Susanna Galea-Singer
- » Ms Dawn Hastings
- » Dr Matthew Jenkins
- » Mr Wikepa Keelan
- » Dr Alice Law
- » Dr Mark Lawrence
- » Dr Jackie Liggins
- » Dr Sue Mackersey
- » Ms Moe Milne
- » Dr Claire Paterson
- » Prof. Sarah Romans
- » Dr Adam Sims
- » Dr Suman Sinha
- » Dr Hiran Thabrew
- » Dr Greg Young

## Chairs of the New Zealand-based Faculty and Section subcommittees

- » Dr Susanna Galea-Singer, Faculty of Addiction Psychiatry
- » Dr Tanya Wright, Faculty of Child and Adolescent Psychiatry
- » Dr Adam Sims, Faculty of Consultation-Liaison Psychiatry
- » Dr Shailesh Kumar, Faculty of Forensic Psychiatry
- » Dr Stephen Boyd, Faculty of Psychiatry of Old Age Psychiatry
- » Dr James Gardiner, Section of Child and Adolescent Forensic Psychiatry
- » Dr Tibi Csizmadia, Section Electroconvulsive Therapy and Neurostimulation
- » Dr David Bathgate, Section of Intellectual and Development Disabilities



# Australian Branch Committee reports

## Australian Capital Territory

The Australian Capital Territory (ACT) Branch Committee experienced a year of change and reinvigorated engagement with the ACT Government. Representatives of our committee met regularly with key stakeholders including the Minister for Mental Health, the Executive Director of Mental Health at Canberra Health Services, the Chief Psychiatrist and Chief Pharmacist.

The committee addressed the significant concerns of our members around the safety of trainees and registrars with the minister and government and were pleased to be invited to participate in the Workplace Consultative Committee with Canberra Health Services. This significant piece of work will continue into 2021 with ongoing advocacy to improve the quality and safety of care available to mental health patients in our community.

The Branch also made substantial submissions to the Inquiry into Youth Mental Health in the ACT where our feedback was

included as part of the recommendations for reform. We also provided input into the drafting of the Sexuality and Gender Identity Conversion Practices Bill and will continue to monitor the impact this significant piece of legislation has on the practice of our members.

Our virtual Travelling Scholar event featuring Professor Megan Galbally was exceptionally well received; however, our 2020 Annual Scientific Meeting has been postponed to 2021 due to the impact of the pandemic.

The Branch looks forward to the return of some level of normalcy and the handing down of the budget in early 2021. We are particularly excited to be working with the Australasian College for Emergency Medicine on a joint statement and advocacy campaign to improve conditions and care in ACT emergency departments, as well as building a productive relationship with the newly appointed Minister for Mental Health, Ms Emma Davidson MLA.



Chair,  
**Dr Fatma Lowden**

### Committee members

- » Dr Rodney Blanch
- » Dr Rhonda Dotson
- » Dr Mandy Evans
- » Dr Angus Finlay
- » Dr Dharshanie Gunaratne
- » Dr Zain Hindawi
- » Dr Saba Javed
- » Dr Philip Keightley
- » Dr Fatma Lowden
- » Dr May Matias
- » Dr Virginia McAndrew
- » Dr Elizabeth Moore
- » Dr Alfiya Mutlu
- » Dr Deepa Singhal
- » Dr Florian Wertenaer

## New South Wales

Two emergencies dominated 2020 – bushfires and COVID-19.

Our bushfire response included developing a database of members willing to provide telehealth in affected areas which was supplied to the Rural Doctors Network and selected Primary Healthcare Networks. We facilitated face-to-face psychiatric support in Milton and the Bega Aboriginal Medical Service. Also, we successfully advocated to the Minister for Mental Health for a bushfire forum that would reflect on the emergency response effort and are collaborating with the minister to make this happen in 2021.

Our pandemic journey was guided by members primarily through social media, chat groups and virtual discussion forums. This informed Branch and College responses on many issues, including telehealth rebates and improving access.

Mid-2020, a crisis in child and adolescent psychiatry emerged which saw large increases in emergency department presentations with serious and complex

mental health issues, such as suicidal ideation and self-harm. The Branch and the Faculty of Child and Adolescent Psychiatry co-operated to survey members' views, which assisted in the development of a solutions paper for submission to the minister.

Other achievements included collaboration with the ministry to invigorate rehabilitation psychiatry, the commissioning of the public sector mental health access line, conducting a member advocacy workshop, continuing advocacy to multiple stakeholders on the Psychiatric Workforce Plan and relentless negotiations on establishing Mental Health Medical Staff Councils.

Training highlights included a record 137 applications for College training and the successful implementation of a revised Child and Adolescent Advanced Training Program.

The RANZCP Board approved funding for a major renovation to the Branch office in Rozelle.



Chair,  
**Dr Angelo Virgona**

### Committee members

- » Dr Prachi Brahmbhatt
- » Dr Ralf Ilchef
- » A/Prof. Beth Kotze
- » Dr Saretta Lee
- » A/Prof. Loyola McLean
- » Dr Bernard Myers
- » Dr Maryam Nesvaderani
- » Dr Nick O'Connor
- » Dr Michael Paton
- » Ms Louise Salmon
- » Dr Angelo Virgona
- » Dr Choong-Siew Yong
- » Dr Afraz Zaman

## Northern Territory

The year has been one of learning with the cessation of face-to-face meetings and Zoom meetings flourishing. This has had mixed benefits and added some work stress even in the relatively well-protected Northern Territory (NT) which has seen more presentations to mental health services, often more complex, and often characterised by social stress and suicidal thinking.

Funding for mental health services has been at the forefront of Branch activity. The relationship with the Minister for Health is both critical and beneficial, and the role of the College is central to this relationship. Our communication to government and media has been targeted and eloquent, carrying the weight of College authority. This has provided the minister with the ammunition to seek funding federally and locally.

The Branch committee continued advocacy efforts to improve access to mental health services. In the lead up to the 2020 NT Election, the committee published a series of recommendations

for priority investment in community mental health, staffing and workforce, perinatal, forensic and alcohol and other drug services. We will continue to monitor budget announcements and seek to reframe the narrative around mental health spending as a worthwhile investment.

The NT is a great place to practice and undertake training in psychiatry and we support initiatives which improve working conditions for our members. It offers a rich opportunity to train and work in rural and remote mental health and in Aboriginal and Torres Strait Islander mental health. Although a small program, our training positions are filled through expressions of interest from within the NT and from interstate. With Specialist Training Program and Integrated Rural Training Pipeline funding, we are developing a comprehensive set of rotations to make it an even more attractive place to train.

We enjoyed some successful continuing medical education events this year. We look forward to hosting more CME and social events for our membership in 2021.



Chair,  
**Dr David Chapman**

### Committee members

- » Dr David Chapman
- » Dr Mary Frost
- » Dr Gagan Garg
- » Dr Usman Khalid
- » Dr Jessica King
- » Dr Tamoor Mirza
- » Dr David Mitchell
- » A/Prof. Robert Parker
- » Dr Jill Pettigrew

## Queensland

The Queensland Branch continues to advocate for improved investment in mental health services and has raised with the state government the impact of increased mental health presentations on our overstretched system. The crisis in children and young people, as well as more cases of self-harm in our emergency departments is particularly concerning. We provided a submission and evidence to the Inquiry into the Queensland Government's Health Response to COVID-19 and raised the concerns of members around the availability of personal protective equipment and the capacity of the Queensland public health system to support the growing demand for telehealth.

The Branch was also involved in a number of government consultations including on the Health Legislation Amendment Bill (Conversion Therapies), the Queensland Opioid Treatment Program and amendments to the workers' compensation scheme. In 2021 the Branch will work

closely with the newly appointed Minister for Health to ensure Queensland's mental health system is well positioned to address the post-pandemic period. This includes addressing workforce shortages, expanding eating disorder services across the state, a state-wide disability service and provisions for a robust community mental health system. The Branch will also provide advice to the government on the proposed introduction of voluntary assisted dying laws.

The Branch was excited to hold a face-to-face event in late November with the Bostock Oration. The event received a record of 135 attendees and included a presentation from Professor Jane Turner. It also provided the opportunity to present our annual awards, welcome new Fellows and honour Dr Alan Frazer and Dr Irene Apel for 50 years of Fellowship. The Branch was also proud to present the RANZCP Joan Lawrence Queensland Meritorious Service Award to Dr Jimsie Cutbush.



Chair,  
**Professor Brett Emmerson**

### Committee members

- » A/Prof. John Allan
- » Dr Sarah Beaney
- » Prof. Brett Emmerson
- » A/Prof. Neeraj Gill
- » Dr Paul Henderson
- » Dr Kirsten McMahon
- » Dr Vikas Moudgil
- » A/Prof. Stephen Parker
- » Prof. Saddichha Sahoo
- » Dr Terry Stedman
- » Dr Joe Varghese
- » Dr Nicola Warren
- » Dr Isabel Wesdorp
- » Dr Ashlea White

## South Australia

The South Australian (SA) Branch Committee has maintained a keen focus on advocating for increased and more effective investment in mental health care to match demand and prepare for the anticipated surge related to bushfires in the Adelaide Hills and Kangaroo Island regions, as well as the COVID-19 pandemic and associated socio-economic effects.

The committee has also worked on developing a close relationship with the local branch of the Australasian College for Emergency Medicine to ensure a whole of system approach to the root causes of consumers queuing in emergency departments and the resultant impact on the care and wellbeing of patients. A joint media statement was released to that effect. We look to developing similar links with the Royal Australian College of General Practitioners in 2021.

The Annual SA Branch Gala Dinner was held at Ayers House in October where Fellows enjoyed the opportunity to mingle with friends and colleagues, welcome new

Fellows and trainees, award prizes and acknowledge distinguished service.

The Barton Pope Lecture was given by Professor Harvey Whiteford on 'Mental health and the global burden of disease', and for the first time was live streamed and viewed by Fellows across Australia, New Zealand and South East Asia. His insights were particularly pertinent with the release of the *Productivity Commission Report on Mental Health* a week later.

As well as a range of policy and advocacy priorities for 2021, the Branch is also well-advanced in its preparation for a local scientific meeting with the theme of reconnection.

My thanks go to the current committee and to the following outgoing Branch Committee members: Dr Michael Batterham, Dr Maree de Jong, Ms Janne McMahon, Dr Titus Mohan, Dr Jayakrishnan Sukumaran Nair and Dr Sally Tregenza.



Chair,  
**Dr Paul Furst**

### Committee members

- » Dr Andrea Baas
- » Dr Antoinette Bearman
- » Dr Patrick Clarke
- » Dr Susan Cosoff
- » Dr Callum Deakin
- » Dr Tasnia Disha
- » Dr Paul Furst
- » Dr James Hundertmark
- » Dr David Kelly
- » Dr David Kutlaca
- » Prof. Sharon Lawn
- » Dr Cheryl Lee
- » Dr Hannah Myles

## Victoria

The Royal Commission into Victoria's Mental Health System continues to be a key focus. Meetings were organised with the Royal Commission to provide input and discuss a range of topics, including child and adolescent psychiatry, enabling supported decision-making, community mental health services and consultation-liaison psychiatry.

The Victorian Branch met with a range of key stakeholders throughout the year, including with the Minister for Mental Health, Mental Health Reform Victoria, the Department of Health and Human Services (DHHS).

The Branch has done extensive work to support our members and the mental health system throughout COVID-19, some of which has been funded by DHHS. This has included a database of psychiatrists to support the public mental health sector, a member webinar series, an open grants process and a survey of all Victorian

members. This survey demonstrated the clear impact of the pandemic on the work of psychiatrists and trainees, as well as on their own wellbeing.

The Branch has undertaken many submissions on topics ranging from family violence to cannabis use in Victoria. In late 2020, the Branch ran a comprehensive consultation process to inform the 2021-22 pre-budget submission, which focuses on the psychiatry workforce.

The Branch moved all events online in 2020 which resulted in higher levels of attendance. Future events may incorporate both face-to-face and online components. The Branch congratulates our Victorian colleagues who took out a host of College Awards in 2020. The Victorian Section of Neuropsychiatry Subcommittee was formed in late 2020.



Chair,  
**Dr Kerryn Rubin**

### Committee members

- » Dr Lee Allen
- » Dr Killian Ashe
- » Dr Subhash Das
- » Dr Ganesan Duraiswamy
- » Dr Charu Gandhi
- » Dr David Huppert
- » Dr Phil Jaska
- » Dr Peter Jenkins
- » Dr Matthew Kang
- » Dr Yara Khedr
- » A/Prof. Vinay Lakra
- » Dr Raju Lakshmana
- » Dr Jerome Nicholapillai
- » Ms Ingrid Ozols
- » Dr Kerryn Rubin
- » Dr Ajit Selvendra
- » Dr Astha Tomar

## Tasmania

The Tasmanian Branch welcomes the new committee members who have made themselves available, and we farewell and thank the retiring executive members including Dr Milford McArthur, Dr Stephane Auchincloss and Dr George Hyde.

The state, federal and College responses to COVID-19 remain an area of focus for the committee which continues to advocate for members, patients and staff. Arrangements for the RANZCP 2021 Congress continue and we look forward to hosting this pre-eminent College event in Hobart.

Mental health reform is a major activity within the state, with significant inputs of funding and staffing expected, along with the creation of two streams of clinical activity within the community setting. There is additional activity in the areas of mental health and intellectual disability, complex trauma, Child and Adolescent Mental Health Services (CAMHS) state-wide, emergency departments and perinatal services. Workforce issues have been included in the new Workplan for the Branch.

Submissions were made to the Pharmaceutical Services Branch around changes mooted to the state's Schedule 8 psychostimulant program and the now completed CAMHS review. Of note is the upgrade to the Tasman Bridge with a significant injection of funding to safely secure this important connection to Hobart. A meeting was held with the local primary health office around the Adult Mental Health Centre initiative for which funding has been provided to Primary Health Tasmania. There has been discussion around the scope, direction and involvement of the College in the design and operationalisation of this important initiative.

The Tasmanian Training Program continues to provide high quality psychiatric education for medical students, trainees and Fellows. We welcomed Dr Robert Bell to the role of Director of Training and note the departure of Professor Fiona Judd who was Chair of our Branch Training Committee for some years.



Chair,  
**Dr Ben Elijah**

### Committee members

- » Dr Joanna Bakas
- » Dr Nicola Beamish
- » Dr Ben Elijah
- » Dr Lev Fridgant
- » Dr Katja Lindemann
- » Dr Stephanie Lorimer
- » Dr Murugesh Nidyananda
- » Dr Sadhana Pande
- » Dr Honor Pennington
- » Dr Anil Reddy
- » Dr Suchita Telang
- » Dr Josephine Topp
- » Dr Lennie Woo

## Western Australia

The Western Australian (WA) Branch continued with a strong advocacy program and completed several major policy submissions as well as developing the first ever election priority statement ahead of the March state election. The statement calls for action to address issues with workforce and training, community care, forensics, eating disorder services and addiction psychiatry.

The Branch Committee has represented our members in 23 meetings with key stakeholders over the year including the Minister for Health, Mental Health Commission, Australian Medical Association, WA Primary Health Alliance, Department of Health, Mental Health Advocacy Service, the Chief Psychiatrist and also at the Emergency Medicine Mental Health Roundtable in November.

The Branch has also worked with architects on the proposed fit-out of

our new offices. We look forward to hosting events for members when these offices open mid-2021.

The Branch was delighted to acknowledge Professor Aleksandar Janca and Dr Winston Chiu as the 2020 Meritorious Service Award winners and congratulated Professor Helen Milroy on being named Western Australia's 2021 Australian of the Year. In December, members celebrated the end of a very challenging year at our Annual Dinner.

We also thank Dr Simon Byrne who has now retired from the role of continuing professional development Chair and is replaced by Dr Davinder Hans. The Branch also welcomed Dr Sophie Davison to the newly created position of Medical Officer, Mental Health within the Mental Health Commission. This position was an outcome of the Mental Health Clinical Governance Review.



Chair,  
**Professor Megan Galbally**

### Committee members

- » Dr Alan Altham
- » Dr Emma Crampin
- » Prof. Megan Galbally
- » Dr Salam Hussain
- » Dr Helen McGowan
- » Dr Anne O'Sullivan
- » Dr Andrew Robinson
- » Dr Gordon Shymko
- » Dr Daniela Vecchio
- » Dr Ajay Velayudhan
- » Dr Mike Verheggen



# Faculty highlights

## Faculty of Addiction Psychiatry

The Faculty was active across a range of policy and practice initiatives. It reviewed several existing College policy documents and provided input into the national Productivity Commission report, submissions to the MBS Review and the Senate Inquiry into Fetal Alcohol Spectrum Disorder, and the NSW Special Commission of Inquiry into the Drug 'Ice'. A submission was made to the Pharmaceutical Benefits Advisory Committee in support of listing an intranasal naloxone (Nyxoid).

Associate Professor Mathew Coleman was a member of the Royal Australian College of General Practitioners (RACGP) Expert Advisory Group that released the second edition of the *Supporting smoking cessation* guidelines. The College's Position Statement 97 on e-cigarettes and vaping was quoted within the RACGP guidelines, which received global recognition from the World Health Organization.

The Faculty committee farewelled Dr John Reilly, who completed his term as Chair of the Subcommittee of Advanced Training in Addiction. Dr Basanth Kenchaiah

(Vic) steps into this role. Dr Reilly was instrumental in driving addiction training and education initiatives across Australia – we now have a record number of trainees in all jurisdictions. Thanks also to our training directors for their collective efforts. We also welcomed Victorian representative Dr Vicky Phan.

As trainees started the year with a gap in their education and training program, initiatives have been launched to address this. The Addiction Doctors Education Program in Victoria is being run by Dr Vicky Phan via Zoom. The Queensland subcommittee has been working on a weekend school for trainees and webinars. In Western Australia, following a successful one-day seminar on methamphetamine use in 2019, alcohol use disorder is the theme for their next symposium.

In May, the Faculty became an Affiliate Member of the International Society of Addiction Medicine which means all Faculty members are eligible for Affiliate Society benefits. Finally, the College joined as an official partner of the 'Rethink Addiction'



Chair,  
**Dr Shalini Arunogiri**

campaign which, in concert with the SBS documentary *Addicted Australia*, is a public advocacy campaign against stigma.

### Committee members

- » Dr Shalini Arunogiri
- » A/Prof. Mathew Coleman
- » A/Prof. Mark Daghli
- » Dr Susanna Galea-Singer
- » Dr Basanth Kenchaiah
- » Dr Sam McBride
- » Dr Vicky Phan
- » Dr Kathryn Watson

## Faculty of Adult Psychiatry

A new Faculty committee was elected, with Dr Agnew Alexander re-elected to the position of Chair. In consideration of the large number of bi-national Faculty members and the benefits associated with improving engagement and networking via jurisdictional channels and local activities, the committee endorsed the formation of subcommittees across all states and territories.

With approval from the RANZCP Board in February, the Faculty committee established the Attention Deficit Hyperactivity Disorder (ADHD) Network, open to all College members. An ADHD Network Committee was appointed with Dr Peter Heffernan as the Chair. The Network's activities include monthly informal and formal committee meetings, a Monthly ADHD Network Grand Round Case Presentation, work on an ADHD throughout the lifespan Position Statement, and an upcoming survey on perception and exposure to ADHD training. There are more than 500 Network members.

The Faculty is considering options for liaison with the Royal College of Psychiatrists (UK) Faculty of General Adult Psychiatry (GAP) which may include expanding the RANZCP adult psychiatry program with exchange and rotations for trainees. In August, Dr Agnew Alexander met with the Chair of the Faculty of GAP to discuss plans for sustainable partnership and strengthening collaboration including joint promotion of their United Kingdom GAP Conference and Faculty Conference.

The Faculty supported in-principle the concept of training with an endorsement in rehabilitation that was raised at the RANZCP Faculty and Section Chairs' Forum. The committee is also working on creating Entrustable Professional Activities for emergency medicine.

The Faculty has representatives on the Alcohol Harm and Mental Health Working Group which is finalising the review of guidelines with further recommendations for treatment across jurisdictions.



Chair,  
**Dr Agnew Alexander**

From 23–24 October, the Faculty held its inaugural Adult Psychiatry 2020 Virtual Conference with almost 300 participants. The diverse conference program featured outstanding presentations in the field of adult psychiatry on emerging treatments, adult ADHD, developmental disorders, the impact of COVID-19 on the public and private health sectors, and a presentation on psychological therapies with an emphasis on improving practical skills.

## Faculty of Adult Psychiatry (cont.)

### Committee members

- » Dr Agnew Alexander
- » Dr Alan Altham
- » Dr Michelle Atchison
- » Dr Suneel Chamoli
- » Dr David Chapman
- » Dr Karupiah Jagadheesan
- » A/Prof. Balaji Motamarri
- » Prof. Nagesh Pai
- » A/Prof. Stephen Parker
- » A/Prof. Shuichi Suetani
- » Dr Ahmad Torshizi
- » Dr Georgina Weir

### Attention Deficit Hyperactivity Disorder Network Committee members

- » Dr Edward Ko Ko Aung
- » Dr David Chapman
- » Dr Nabil Chherawala
- » Dr Rosie Edwards
- » Dr Tatjana Ewais
- » Dr Sharon Foley
- » Dr Lev Fridgant
- » Dr Peter Heffernan
- » Dr Karupiah Jagadheesan
- » Dr Gordana Jovanova
- » Dr Ashar Khan
- » Dr Teslin Mathew
- » Dr Roger Paterson
- » Prof. Sarah Romans
- » Dr Matthew Sellen

## Faculty of Child and Adolescent Psychiatry

The Faculty of Child and Adolescent Psychiatry continues to advocate for child and adolescent mental health through input to the national Productivity Commission, Victorian Royal Commission and National Children's Mental Health and Wellbeing Strategy. We await the outcome of these inquiries. Advocacy around early identification and intervention of mental illness and mental health needs of children in out-of-home care is ongoing.

We developed a visually attractive, accessible infographic summarising the 2019 discussion paper prepared by the Faculty – *Child and adolescent psychiatry: meeting future workforce needs* – to advocate for an increased child and adolescent psychiatry workforce. The recent Victorian Government announcement of additional child and adolescent psychiatry training positions vindicated the benefit of workforce advocacy. We hope to see further success across Australia and New Zealand.

As part of the College's pandemic response the Faculty has advocated for children and adolescents and the use of telehealth. It has also contributed to the College's COVID-19 Research Library.

Government decisions with Medicare to limit telehealth in young people to bulk billing threatened the viability of private child and adolescent psychiatry practices and the Faculty supported the ultimately successful College advocacy with Medicare. Current focus is on the increased demand for child and adolescent mental health services with the pandemic – nationwide a 20–40% increase in emergency mental health presentations for young people.

The Faculty has continued its regional engagement in Asia and the Pacific. The pandemic precipitated a shift to videoconferencing. A successful lunchtime Child and Adolescent Mental Health Professional Development Program was delivered online in partnership with St Vincent's Hospital and Fiji National University. Volunteer projects in Pacific Island nations, Cambodia and Iraq have expanded. The Faculty volunteer program launched in 2019 continues.

The 2020 conference was delayed and will take place in Melbourne from 6–9 October 2021.



Chair,  
**Dr Paul Robertson**

### Committee members

- » Prof. Valsamma Eapen
- » Dr Tatjana Ewais
- » Dr Gagan Garg
- » Dr Francis Goodstadt
- » Dr Jennifer Harris
- » Dr Kenneth Hooper
- » Dr Lynn Jones
- » Dr Jasveen Kaur
- » Dr Nick Kowalenko
- » Dr Liam O'Connor
- » Dr Paul Robertson
- » Dr Sally Tregenza
- » Dr Tanya Wright

## Faculty of Consultation–Liaison Psychiatry

While the unprecedented events and tragedy of the COVID-19 pandemic unfold across the world, Australia and New Zealand have been relatively fortunate to evade the terrible scenarios we have seen in other nations. The spectre of grief, unemployment, economic hardship, social unrest and unease along with anxiety, depression and increased suicide remain. Within this context the Faculty of Consultation–Liaison Psychiatry, the College and the medical profession have stood at the frontline of the acute crises our hospitals have encountered daily in all their medical services.

The Faculty committee is acutely aware of the pressures experienced, particularly by our colleagues in Victoria. We remain alert to the stresses on medical colleagues and hospital staff, just as we maintain vigilance for Faculty members and advanced trainees. We are also mindful of the challenges faced in providing consultation–liaison services in New Zealand and the burden on general hospital and health services, including the psychiatric services.

The committee regretfully cancelled the second Faculty conference scheduled for early 2021 in Adelaide. We had looked forward to meeting in this beautiful city and continuing the great success of our inaugural conference. We have rescheduled for an audio-visual conference in September 2021 in the National Wine Centre of Australia of the University of Adelaide. This event will be preceded by an update and teaching day.

The committee has discussed the establishment of networks and themes around major clinical areas where expertise needs to be fostered and recognised centres of excellence in teaching – for example, psychiatric issues in liver transplantation or the use of immunomodulators. We hope this will assist physicians to network, establish clinical liaisons with each other, and interdisciplinary liaisons with other Faculties, Sections, medical colleges and universities.

We have had discussion with the Section of Neuropsychiatry regarding availability of registrar positions as the Section progresses its application for a new Certificate of Advanced Training.



Chair,  
**Dr Bill Mantzioris**

We have also encountered and addressed some of the issues around consultation–liaison psychiatry advanced trainee positions, where now there are more applicants than training positions.

### Committee members

- » Dr Song Chan
- » Dr Dan Hubik
- » Dr Philip Jaksa
- » Dr Bill Mantzioris
- » Dr Catherine Mason
- » Dr Paul Pun
- » Dr Carol Silberberg
- » Dr Adam Sims
- » Dr Michael Verheggen
- » Dr Alexandra Welborn

## Faculty of Psychiatry of Old Age

The Royal Commission into Aged Care Quality and Safety has been a major focus for the Faculty. The Faculty undertook extensive consultation with our membership prior to producing a 32-page submission on behalf of the College in October. The submission focussed on such areas as mental health plans for those accessing aged care services, aged care workforce issues, the appropriate ring-fencing of funds provided by governments to health networks for the provision of aged psychiatry services, chemical restraint, ‘cottage’ models of residential aged care, and the state-federal split in the provision of mental health care (especially to those living with dementia).

It was heartening to see that many of the issues raised in the College’s submission were echoed in the recommendations to the Commissioners that were made by Counsel Assisting during final submissions at the end of October. The final report of the Royal Commission will be keenly anticipated in February 2021, along with

the response of the Commonwealth Government that will follow.

The Faculty also provided support to the submission made by the Victorian Branch to the Royal Commission into Victoria’s Mental Health System.

Advocacy has been conducted within the College regarding the re-introduction of a mandatory aged psychiatry rotation for basic trainees, and the Faculty is participating as a partner organisation in a National Health and Medical Research Council Grant Application that aims to reduce barriers to health services for older people with mental illness.

Unfortunately, the COVID-19 pandemic led to the cancellation of both a planned outreach activity to mental health practitioners in the Pacific region, and the Annual Scientific Meeting.

A major piece of work for 2021 will be an updating of the evidence base around the effectiveness of aged psychiatry services.



Chair, **Associate Professor Steve Macfarlane**

### Committee members

- » Dr Usman Ali
- » Dr Stephen Boyd
- » Dr Gary Cheung
- » Dr Rebecca Graham
- » Dr Zain Hindawi
- » Dr Neil Jeyasingam
- » Dr Fiona Krantz
- » A/Prof. Steve Macfarlane
- » Dr Angela McAleer
- » Dr Duncan McKellar
- » Dr Maria Tsanglis

## Faculty of Forensic Psychiatry

It was not long into the pandemic when acute observers were cautioning that those already disadvantaged would bear a disproportionate burden over the coming months. In line with this, a significant Faculty activity has been advocacy within the states and territories, and New Zealand, for maintenance of access and services to mentally ill prisoners during periods of restriction or lockdown.

There is an unhappy paradox to this. On the one hand, based on overseas experience, prisons are at high risk of rapid spread of the virus yet, on the other, as places of punishment, imposing further restrictions including limiting access of treaters threatens further loss of rights and increased punitiveness. Faculty advocacy involved liaison with relevant government bodies to, among other things, ensure access to information technology infrastructure for both therapeutic and medico-legal purposes.

We were able to hold a face-to-face meeting the week before travel restrictions were imposed in both Australia and New Zealand. Plans for a 2020 conference were quickly scrapped. On the upside, there has been a flourishing of online activity including webinars.

Attendance at these has been high and they are likely to continue as a feature of Faculty continuing professional development offerings even when face-to-face meetings become feasible again.

In 2021, we hope to involve selected high-calibre overseas speakers. Some jurisdictions have been able to leverage their already considerable experience of audio-visual linked technology for assessments thus were well placed to move across to this approach for telepsychiatry when restrictions limited face-to-face contact.

Despite the dislocation caused, the Faculty committee has been able to continue to develop policy guidelines. The most significant of these has been Professional Practice Guideline 11, *Developing reports and conducting independent medical examinations in medico-legal settings*. This required widespread consultation and generated diverse views. It is a credit to both the Faculty committee and the College that this led to a document so coherent and clear.

As we look forward to 2021, despite the uncertainty, we aim to host a conference in Queensland. Further, we will look to pick



Chair,  
**Dr Justin Barry-Walsh**

up the threads of work done prior to the pandemic, particularly to continue to engage better with all members of the Faculty.

### Committee members

- » Dr Anthony Barker
- » Dr Justin Barry-Walsh
- » Dr Fiona Best
- » Dr William Brereton
- » A/Prof. Andrew Carroll
- » Dr Mrigendra Das
- » Dr Vinesh Gupta
- » Dr James Knight
- » Dr Shailesh Kumar
- » Dr Ness McVie
- » Dr Edward Petch
- » Dr Andrew Robinson
- » Dr Calum Smith
- » Dr Peter Wynn Owen

## Faculty of Psychotherapy

It was a challenging year for the Faculty due to COVID-19 crises and associated distress, panic, issues with domestic violence and trauma in the community. Notwithstanding the ongoing mental health crisis and concerns for doctors’ welfare, the relationships within psychotherapy groups have been thriving with peer review groups going online. In some jurisdictions, trainees established their own groups via Zoom meetings that allowed connection across clinics and hospitals.

The Faculty proactively supported the online provision of courses, encouraging flexibility. There was growth of training in Western Australia, Victoria, Queensland and excellent psychotherapy program development in New South Wales. The committee proposed increased involvement of psychotherapists in marking case reports and reviewing criteria of professional writing standards. The introduction of case presentations with an opportunity for feedback from supervisors is also in consideration.

The Faculty continues to address inadequacies in the training system, support ongoing telehealth and promote the role of psychiatrists in providing psychotherapy as cost-effective and efficacious treatment.

There were consultations with the Education Committee, Committee for Examinations, and Education and Training department towards solutions.

The committee formally addressed gender power imbalance and professional misrepresentation as an organisational risk. Addressing sexualisation and inappropriate language moving beyond biological diagnosis is a priority for advocacy. It also addressed the protection of patients’ privacy and reputation in the context of family court and the insurance sector.

The Faculty has representatives on the Gender Dysphoria Steering Group and Practice Peer Review Working Group. Following the Faculty proposal for enhanced psychotherapy training, plans for establishing a College complex trauma working group and training and reflective function groups are also underway.

The Faculty acknowledges the prodigious work of Dr Jenny Randles who, after almost two decades, stepped down from her role as the Newsletter Editor.

Following cancellation of the conference in Broome, a virtual conference themed ‘Trauma is everybody’s business’, was held in November. Presentations focused



Chair,  
**Dr Michael Daubney**

on the continuum of care, the notion of trauma-informed care and trauma-informed psychotherapy. The sessions are available to watch on the RANZCP website. The Faculty warmly thanks the conference convenors, Associate Professor Loyola McLean and Dr Andrew Christensen, and the supportive College staff.

### Committee members

- » Ms De Backman-Hoyle
- » Dr Simon Byrne
- » Dr Andrew Christensen
- » Dr Michael Daubney
- » Dr Tanya Devadason
- » Dr Mary Emeleus
- » Dr Catherine Ludbrook
- » A/Prof. Loyola McLean
- » Dr Claire Pattison
- » Dr John Robertson



# Section highlights

## Section of Child and Adolescent Forensic Psychiatry

The Section of Child and Adolescent Forensic Psychiatry led and was involved in a range of policy and advocacy initiatives including the College response as a supporting organisation to the 'Raise the Age' campaign. Dr Enys Delmarge has provided invaluable expertise in this arena. Advocacy work relating to Indigenous incarceration and family violence has also been undertaken.

Letters have been sent to the relevant minister in Australian states and territories concerning young people in detention during the COVID-19 pandemic. The Section is working on a new position statement for conduct disorder with cultural input and targeting disadvantaged groups with the recommendation for services.

Dr Joey Le and Dr James Gardiner represented the Section on the ADHD Working Group. Greater collaboration between the Faculty of Forensic Psychiatry and Faculty of Child and Adolescent Psychiatry has been achieved with Section members attending their Faculty meetings. The Section committee welcomed new members.

The 2021 conference, themed 'Arrested development: who are we locking up?', will be held online from 19–20 March.



Chair,  
**Dr Yolisha Singh**

### Committee members

- » Dr Richard Baker
- » Dr James Belshaw
- » Dr Brendan Daugherty
- » Dr Adam Deacon
- » Dr Enys Delmarge
- » Dr Yumna Dhansay
- » Dr James Gardiner
- » Dr Scott Harden
- » Dr John Kasinathan
- » Dr Joey Le
- » Dr Katinka Morton
- » Dr Annie Parsons
- » Dr Joel Singer
- » Dr Yolisha Singh
- » Dr Marshall Watson

## Section of Electroconvulsive Therapy and Neurostimulation

The Section of Electroconvulsive Therapy and Neurostimulation responded early to the COVID-19 pandemic and developed the following information resources for the commonly used neurostimulations:

- » *Provision of ECT therapy during COVID-19 pandemic*
- » *Provision of rTMS therapy during COVID-19 pandemic.*

The Section continues its endeavour to attain the recognition of practice of neurostimulation within the Fellowship program and the establishment of a Certificate of Advanced Training for Electroconvulsive Therapy and Neurostimulation.

In policy development, the Section has developed and endorsed documents including the College's third submission

to the MBS Taskforce about the Electroconvulsive Therapy Schedule fee, and implementation options for listing repetitive transcranial magnetic stimulation (rTMS) on the MBS.

With a view to the release of revised versions in 2021, work has also been ongoing to update a number of statements: the clinical memorandums, *Deep brain stimulation in psychiatric practice* and *Transcranial direct current stimulation (tDCS)*; and Professional Practice Guideline 16: *Administration of repetitive transcranial magnetic stimulation (rTMS)*.

The Section continues to strive for the achievement of high standards and specialised training in interventional psychiatry and envisages Faculty status would assist in this objective.



Chair,  
**Dr Salam Hussain**

### Committee members

- » Dr Suneel Chamoli
- » Dr Tibor Csizmadia
- » Dr Carol Dean
- » Dr Matthew Fasnacht
- » Prof. Paul Fitzgerald
- » Dr David Garside
- » Dr Shane Gill
- » Dr Salam Hussain
- » Prof. Colleen Loo
- » Dr Subramanian Purushothaman
- » Dr Shanthi Sarma
- » Dr Brett Simpson
- » Dr Alan Weiss

## Section of Early Career Psychiatrists

The committee provided feedback to various College initiatives through the Member Engagement Committee. Involvement in other College committees provided opportunities to advocate for issues facing early career psychiatrists.

The Section collaborated with the Victorian Branch to host a series of webinars addressing the needs of psychiatrists within their first five years of Fellowship and late-stage trainees. Further webinars are planned for 2021 and will become a regular feature of the transition to Fellowship activities and resources.

Along with the Section of Leadership and Management, the Section was part of the coordinating committee for 'Taking the

lead: a virtual conference for early career psychiatrists', that took place in December. The committee provided input into speaker recommendations and the program.

The committee proposes to redefine 'early career psychiatrist' from five years post-Fellowship to seven years to align with current international definitions of early career psychiatrist. This is to facilitate ongoing support, advice and mentoring for early career psychiatrists. The proposal will be progressed in the consultation phase of the RANZCP Board's review of the Faculty, Section and Network governance structure.



Chair,  
**Dr Alice Chang**

### Committee members

- » Dr Aniket Bansod
- » Dr Alice Chang
- » Dr Vijay Danivas
- » Dr Paul Fung
- » Dr Rebecca Graham
- » Dr Jan Kwasik
- » Dr Edward Mullen
- » Prof. Saddichha Sahoo
- » Dr Suman Sinha
- » Dr Katherine Tan

## Section of History, Philosophy and Ethics of Psychiatry

The Section of History, Philosophy and Ethics of Psychiatry has viewed the COVID-19 lockdown with the equanimity that comes from the study of history and philosophy. Taking the restrictions into account, it has been a time of pursuing goals and looking to future achievements.

We are pleased to be invited to submit history, philosophy and ethics (HPE) questions for examinations, a long-awaited request. The campaign to be recognised as Medical Humanities continues – surely the time has come to include modalities such as spiritualism and fine art? It is hoped this will lead to integration with medical school courses.

There has been no response yet for acknowledgement of the differing requirements for publication of HPE articles in the College journals, but we continue to lobby for this.

In 2021 we look forward to making our mark in publications, congresses and furthering the role of HPE in the psychiatric project. History, philosophy and ethics continues to thrive and we encourage students, trainees and colleagues to become involved to broaden their professional and personal experience.



Chair, **Associate Professor Robert Kaplan**

### Committee members

- » Dr Lorraine Davison
- » Dr Andrew Howie
- » Dr Neil Jeyasingam
- » A/Prof. Robert Kaplan
- » Dr Susan Lutton
- » A/Prof. Saddichha Sahoo
- » Dr Todd Smith
- » Dr Steven Stankevicius
- » Prof. Michael Wong

## Section of Leadership and Management

The Section of Leadership and Management has been curtailed in its activities with the cancellation of the 2020 RANZCP Congress. The Section usually organises well-attended education sessions at Congress as well as a dinner which gives an opportunity for members to meet with early career psychiatrists with an interest in leadership and management. The hope is to continue these popular events at the 2021 Congress and to partner with consumers and carers to explore combined opportunities for the coordination of initiatives.

The Section has otherwise been active working with the College in its response to the COVID-19 pandemic. It has contributed articles for the College's

COVID-19 Resource Library to assist members in their response to the changes.

It has also been pleasing to note that the RANZCP Mentoring Program is developing well and that leadership and management have been popular topics for mentoring.

The Section was encouraged by the College's workshop on leadership and management in December so that trainees could achieve their required training objectives. Thanks again to all Section members for their ongoing participation in this very difficult year, and to Dr Nardine Elzahaby for her work with the newsletter.



Chair, **Associate Professor Robert Parker**

### Committee members

- » Dr Nardine Elzahaby
- » Dr Mark McAndrew
- » Dr Helen McGowan
- » Dr Balaji Motamarri
- » Dr Nick O'Connor
- » A/Prof. Robert Parker
- » A/Prof. Saddichha Sahoo
- » Dr Suman Sinha

## Section of Perinatal and Infant Psychiatry

The Section of Perinatal and Infant Psychiatry completed its work on the revision of Position Statement 57: *Mother, babies and psychiatric inpatient treatment*, with significant updates about directions for the area of practice and service delivery. This ensures the visibility of and advocacy for perinatal and infant psychiatry are ongoing priorities for the Section.

The committee submitted an application for advanced training. In addition, it has provided information for inclusion in several College submissions to governments as well as letters of concern about Commonwealth projects and areas of expertise within the examinations process.

We have continued to advocate on the viability of funding for Australian public mental health mother-baby unit services with the Independent Hospital Pricing Authority.

Perinatal and infant mental health services have seen an increase in demand during this pandemic year and this has impacted on the committee; however, we have continued to meet as regularly as was possible throughout the year to progress our workplan.



Chair, **Professor Megan Galbally**

### Committee members

- » Prof. Marie-Paule Austin
- » Dr Gaynor Blankley
- » Dr Hannah Dobson
- » Prof. Megan Galbally
- » Dr Rebecca Hill
- » Dr Brendan Jansen
- » Dr Nimalee Kanakkahewa
- » Dr Elizabeth MacDonald
- » Dr Kristine Mercuri
- » Dr Katherine Sevar
- » Dr Lyndall White
- » Dr Tanya Wright

## Section of Neuropsychiatry

The Section of Neuropsychiatry's ninth annual conference moved to a virtual format this year due to the pandemic. This allowed us to arrange some exciting international speakers, thanks again to the conference convenors, Professor Dennis Velakoulis and Associate Professor David Darby. We have been encouraged by the success of this format and the Section has begun hosting virtual meetings.

The Section also approved the first annual neuropsychiatry prize, named in honour of Melbourne neuropsychiatrist, John Lloyd, after a closely contested vote.

The committee continues to work on a proposal for a neuropsychiatry area of practice and training certificate, meeting with the other interested Sections and Faculties this year.



Chair, **Professor Richard Kanaan**

### Committee members

- » Dr Edward Ko Ko Aung
- » Dr Gregory Finucane
- » A/Prof. Brad Hayhow
- » Prof. Richard Kanaan
- » A/Prof. Jeffrey Looi
- » Dr Bill Mantzioris
- » Prof. Harry McConnell
- » Dr Adith Mohan
- » Prof. Dennis Velakoulis

## Section of Private Practice Psychiatry

The response to the COVID-19 pandemic was a priority for the Section of Private Practice Psychiatry. The committee assisted in analysis and interpretation of weekly Australian Government Department of Health (DoH) changes to legislation and release of COVID-19 telehealth MBS items.

It also contributed to the development of the College's telehealth proposal for psychiatry private hospital inpatients during COVID-19 and, through the Telehealth Advocacy Steering Group, the member survey on telehealth in psychiatry in Australia. A communiqué in July addressed the Section's need for advocacy for telehealth. There are ongoing advocacy efforts to continue telehealth MBS item numbers post-pandemic.

Webinars were hosted on implementing practical telehealth in psychiatry and on electronic prescribing in Australia. Resources were developed for the College's COVID-19 Resource Library including *Keeping Safe during COVID-19: Information on PPE for Members in Australia*, and other information for members via a series of frequently asked questions on the COVID-19 information hub.

The committee also provided input to the College's *Adult Mental Health Centres* submission to the DoH and contributed to the *RANZCP Response to the Productivity Commission Inquiry into Mental Health Draft Report*.



Chair, **Dr Michelle Atchison**

### Committee members

- » Dr Michelle Atchison
- » Dr George Blair-West
- » Dr Alice Chang
- » Dr Gary Galambos
- » Dr Christopher Garvie
- » Dr Ashar Khan
- » A/Prof. Jeffrey Looi
- » Dr Renate Mundl
- » Dr William Pring
- » Dr Joe Varghese



### Section of Psychiatry of Intellectual and Developmental Disabilities

One of the major issues the Section of Psychiatry of Intellectual and Developmental Disabilities has been addressing is the National Disability Insurance Scheme (NDIS), particularly its approach to psychotropic medication.

The Section has written letters to the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability; to Associate Professor Ruth Vine, Deputy Chief Medical Officer for Mental Health, regarding restrictive practice processes under the NDIS; and to the Inquiry into the NDIS Quality and Safeguards Commission.

We have also contributed to the College's submission to the Select Committee on Autism.

We have continued to progress our position statement on the mental health needs of people with intellectual and developmental disabilities, and have developed links with the Faculty of Intellectual Disability Psychiatry at the Royal College of Psychiatrists with a view to developing joint activities including conference presentations and position statements.



Chair,  
**Dr Chad Bennett**

#### Committee members

- » Dr David Bathgate
- » Dr Chad Bennett
- » Dr Catherine Franklin
- » Dr Jennifer Harrison
- » Dr Matthew Sellen
- » Dr Sergio Starkstein
- » Prof. Julian Trollor
- » Dr Grace Tso

### Section of Social, Cultural and Rehabilitation Psychiatry

The area of rehabilitation psychiatry has been a focus for activity with the Section working on an educational program for Fellows. I note the enthusiasm of Fellows in New South Wales for this program, and their work with the local health department.

The committee has provided feedback on a range of College submissions.

The planned symposium at Congress on rehabilitation did not go ahead. The Section has begun planning for a transcultural symposium for Congress 2021. In conjunction with the Family Violence Psychiatry Network, the Section has rescheduled a conference in Victoria

themed 'Our Society, our mental health – a 2021 perspective', to October 2021.

The Section has taken a lead with sports psychiatry. Major sporting codes have raised the profile of this small, but enthusiastic, area of practice and the Section aims to promote, support and expand clinical work in this area.

The pandemic has highlighted the benefit of local action within the Section and meeting and activity outside of major centres will remain a key focus. We trust you can join us in 2021!



Chair,  
**Dr Darryl Watson**

#### Committee members

- » Dr Tanveer Ahmed
- » Dr Sara Burton
- » Dr Alice Chang
- » Dr Catherine Chesterman
- » Dr Harry Hill
- » Ms Manjit Kaur
- » Dr Elizabeth Moore
- » Dr Darryl Watson

### Section of Rural Psychiatry

The Section of Rural Psychiatry has continued to focus on the ongoing workforce crises experienced in rural communities in both Australia and New Zealand. The maldistribution of psychiatrists and trainees across rural communities has been brought into sharp focus by COVID-19 and other natural disasters including recent fires and drought events.

With the RANZCP Board resolving to add rural workforce and training issues to its strategic agenda, the Section has been busy facilitating in the establishment of a College steering group, funded by the Australian Government, to undertake consultations and program development to strengthen the rural workforce by

expanding and supporting training opportunities in rural locations. The project has engaged external consultants, Australian Healthcare Associates, to help create a blueprint for the implementation of sustainable, dedicated regional, rural and remote psychiatry training pathways and networks for Australia and New Zealand.

The Section continues to enhance its engagement with rural practitioners and invites current and new members to contribute to its activities including the training scoping project.



Chair, **Associate Professor Mathew Coleman**

#### Committee members

- » Dr Andrew Amos
- » A/Prof. Ravi Bhat
- » Dr Rodney Blanch
- » A/Prof. Mathew Coleman
- » Dr Noel Collins
- » Dr Mary Emeleus
- » Dr Natalie Johnston
- » Dr Skye Kinder
- » Dr James Knight
- » Dr Daniel Wood
- » Dr Greg Young

### Section of Youth Mental Health

In May, Dr Daniel Pellen became the third Chair of the Section of Youth Mental Health, taking over from Professor James Scott (2016–20). Professor Pat McGorry was the founding Chair (2012–16).

The Section committee is very active and meets monthly via videoconference with representative members from all jurisdictions except Tasmania. In March, the Section was lucky to host one of the last scientific conferences before the pandemic shutdown. The successful event, titled 'Coming of age', was attended by over 100 delegates and opened by the New South Wales Minister for Mental Health.

The committee's main work this year was the application for a new Certificate of Advanced Training in Youth Psychiatry. The application was well received by the Education Committee, but is on hold pending the review of Faculty, Section and Network governance structure. Also put on hold was the Section's application to establish a climate change network. The committee is hopeful both applications will be successful.



Chair,  
**Dr Daniel Pellen**

#### Committee members

- » Dr Angelene Chester
- » Dr Sarah Cohn
- » Dr Sharon Foley
- » Dr Lisa Juckes
- » Dr Megan Kalucy
- » Dr Iain Macmillan
- » Dr Tamoor Mirza
- » Dr Donovan Moncur
- » Dr Hugh Morgan
- » Dr Hannah Myles
- » Dr Daniel Pellen
- » Dr Aswin Ratheesh
- » Dr Leo Sauaia
- » Dr Matthew Sellen
- » Prof. James Scott

# Network highlights

## Asylum Seeker and Refugee Mental Health Network

The bi-national Asylum Seeker and Refugee Mental Health Network, established by the Board in 2019, met for the first time as a committee in April 2020.

The committee has issued media releases on the impact of COVID-19 for people in detention and on the re-opening of Christmas Island. A webinar, 'Facing the challenges of working in asylum seeker and refugee mental health', was hosted and a journal article titled 'Mental health needs of asylum seekers in Australia during the COVID-19 pandemic' was submitted to *Australasian Psychiatry*.

The Network provided feedback to the Senate Inquiry into the Migration Amendment (Prohibiting Items in

Immigration Detention Facilities) Bill 2020 and commenced collaboration with external organisations to unite on advocacy actions.

The Network continues to contribute to the development and maintenance of resources to assist and support psychiatrists working with asylum seekers and refugees.



Chair,  
**Dr Kym Jenkins**

### Committee members

- » Dr Luisa Butler
- » Dr Vinesh Gupta
- » Dr Jarrod Holst
- » Dr Kym Jenkins
- » Dr Jonathan Jureidini
- » Dr Susan Lutton
- » Dr Sarah Mares
- » Prof. Louise Newman
- » Dr Beth O'Connor
- » Dr Tejpal Singh
- » Dr Ashlea White
- » Dr Peter Young

## Military, Veterans' and Emergency Services Personnel Mental Health Network

In 2020 the Network Working Group, following a review of the Network's terms of reference, became a committee. The terms of reference for the Network were expanded by the Board to include emergency services personnel. The Network caters to those members with an interest in psychopathology resulting from military service or first responder occupations, or more broadly, the assessment and management of post-trauma psychiatric disorders.

Building on an Entrustable Professional Activity, the committee worked with the Department of Veterans' Affairs to fill three Military and Veteran Psychiatry Training Pilot positions around Australia.



Chair,  
**Dr Andrew Khoo**

The committee continues to provide up-to-date academic papers and clinical resources for a growing membership which in November stood at 279. It will remain active reviewing documents and attending interviews to provide expert comment on independent and government inquiries; documents and policy positions in key ministerial portfolios; and academic articles, clinical guidelines and media reports.

### Committee members

- » Dr Nicholas Ford
- » Dr Mary Frost
- » A/Prof. Edward Heffernan
- » Dr Andrew Khoo
- » Dr Jonathan Lane
- » Dr Diana McKay
- » Prof. Nagesh Pai
- » Dr Duncan Roy
- » Dr Thomas Turvey
- » Dr Duncan Wallace

## Family Violence Psychiatry Network

The bi-national Family Violence Psychiatry Network has continued its commitment to educating and raising awareness of family violence by member involvement in committees, conferences and presentations, media releases and advocacy. In New South Wales, a local group of Network members has come together to support advocacy in the state.

The committee developed an information sheet, *Family violence and COVID-19 – 20 tips for psychiatrists*, for the College's COVID-19 Resource Library and continued progress on approval for a position statement on family violence and mental health. It provided feedback on Victoria's *Family Violence Reform Rolling Action Plan 2020-2023* and met with representatives of the Family Law Court.

E-learning resources were made available, media activity was undertaken and there was a successful webinar presentation to Victorian overseas trained psychiatrists titled, 'Family violence, mental health and COVID 19'. Planning commenced on a joint conference with the Section of Social, Cultural and Rehabilitation Psychiatry, scheduled for October 2021.



Chair,  
**Dr Manjula O'Connor**

### Committee members

- » Prof. Maurice Eisenbruch
- » Dr Hannah Galloway
- » Dr Samir Ibrahim
- » Dr Yara Khedr
- » Dr Skye Kinder
- » Dr Prue McEvoy
- » Dr Vikas Moudgil
- » Dr Jai Nathani
- » Dr Manjula O'Connor
- » Ms Louise Salmon
- » Dr Jacqueline Short
- » Dr Meredith Whiting
- » Dr Karen Williams



# New Fellows

During 2020, 174 candidates were admitted to Fellowship of the RANZCP.

## Australia

### Australian Capital Territory

Dr Ameze Agbonzikilo  
Dr Rajivi Prematunga  
Dr Matthais Regner

### New South Wales

Dr Jane Bartels  
Dr Arunadevi Chand  
Dr Su Cheah  
Dr Bernard Chivaurah  
Dr Madeline Delves  
Dr Roisin Devlin  
Dr Kiernan Dorney  
Dr Mahmoud Elsayed  
Dr Louise Eveve  
Dr Candice Gliksmann  
Dr Judith Greenland  
Dr Clare Griffin  
Dr Sean Hogan  
Dr Ravanthi Injeti  
Dr Maryam Jay  
Dr Jina Jose  
Dr Jonathan Koh  
Dr Vengadesh Krishna Kumar  
Dr Jessica Lightburn  
Dr Jun Ma  
Dr Kirsty MacDonald  
Dr Nabil Malik  
Dr Robert May  
Dr Jessica Montfort  
Dr Usama Munir  
Dr Asvini Nagarajah  
Dr Jai Nathani  
Dr Sana Pathan  
Dr Aneuryn Rozea  
Dr Richard Tranter  
Dr Rohini Vasudevan

Dr Vedran Vulovic  
Dr Alice Wong  
Dr Steven Yeates  
Dr Daniel You  
Dr Jennifer Young

### Northern Territory

Dr Clifford Baxter  
Dr Nandini Das

### Queensland

Dr Bonita Armstrong  
Dr Alice Ayres  
Dr Catherine Benson  
Dr Emmily Bueno de Mesquita  
Dr Thomas Cheung  
Dr Alida Connell  
Dr Anna Cousins  
Dr Michelle Gilmore  
Dr Zena Hume  
Dr Jeremy Johnson  
Dr Yeshwant Kamavarapu  
Dr Lawrence Kozlowski  
Dr Andrew Livingstone  
Dr Matilda Mackay-Sim  
Dr Ryan Maxwell  
Dr Mark Mayall  
Dr Claire McAllister  
Dr Laura Mead  
Dr Yasmine Medunic  
Dr Ossama Mikhael  
Dr Sayan Mitra  
Dr Shalandran Padayachee  
Dr Manohar Pai  
Dr Nithya Rajasekaran  
Dr Sujatha Rao  
Dr Arul Ravindran  
Dr Thomas Reddel  
Dr Maxwell Sanson

Dr Sudarshi Seneviratne  
Dr Shelukumar Shah  
Dr Steven Stankevicius  
Dr Amy Tedja  
Prof. Andrew Teodorczuk  
Dr Aleksander Todorovic  
Dr Lakmini Wickramaarachchige Dona  
Dr Sarah Wilson  
Dr Vichal Woochit

### South Australia

Dr Silver Budd  
Dr Matthew Cranwell  
Dr Varuni De Silva  
Dr George Evans  
Dr Joanna Giermanski  
Dr Savannah Hoopmann  
Dr Paul Hosking  
Dr Cecilia Innes-Wong  
Dr Sebastian Koblar  
Dr Abigail Legg  
Dr Albert Matti  
Dr Nir Nachmani Major  
Dr Michael Weightman  
Dr Zlatan Zulfic

### Tasmania

Dr Sangeetha Chinnadurai  
Dr Iby Neerakal  
Dr Jeremy Smith  
Dr Graham Vessey

### Victoria

Dr Akuh Adaji  
Dr Kimberley Adler  
Dr Killian Ashe

Dr Ruchi Bhalla  
Dr David Carmody  
Dr Venkat Chekuri  
Dr Rose Clarkson  
Dr Emmanuel Costuna  
Dr Praveen Das Mullapuzha Devadas  
Dr Adam De Chellis  
Dr Eleanor Debenham  
Dr Arup Dhar  
Dr Kate Egan  
Dr Carmelo Genovese  
Dr Ben Gornall  
Dr Donal Hanratty  
Dr Daniel Heard  
Dr Catherine Hercus  
Dr Harry Hill  
Dr Al-Amin Hoque  
Dr Thilini Jayasooriya  
Dr Shalinda Kekulawala  
Dr Sadaf Khattak  
Dr Fatemeh Khodaeifar  
Dr Asha Krishnan  
Dr Izaak Lim  
Dr Danmei Lin  
Dr Viola Luk  
Dr Tomas Mac Phail  
Dr Hannah McMillan  
Dr Florence Morley  
Dr Skye Murray  
Dr Yasmin Nalci  
Dr Liam Nalder  
Dr Aniruddh Narasimha  
Dr Mithira Nithianandan  
Dr Ayobami Ogunleye  
Dr David O'Mahony  
Dr Pooja Panchal  
Dr Udeni Paranavitane  
Dr Meghal Parekh  
Dr Marta Pearce  
Dr Vicky Phan

Dr Zoran Radovic  
Dr Tom Rego  
Dr Duncan Rhoda  
Dr Sarah Rotstein  
Dr Cuauhtemoc Sandoval De Alba  
Dr Owais Sharif  
Dr Christopher Simpson  
Dr Leo Smith  
Dr Joe Starke  
Dr Adrienne Taylor  
Dr David Trainor  
Dr Ajay Vijayakrishnan  
Dr Erin Wookey

### Western Australia

Dr Sarah France  
Dr James Hickey  
Dr Nicholas Ho  
Dr Chaitra Jose  
Dr Glen Meggs  
Dr Amanda North  
Dr Kelly Ridley  
Dr Dharjinder Rooprai  
Dr Melissa Russell  
Dr Christine Spence  
Dr Stefanie Strunk  
Dr Angiolina Vellianitis

### New Zealand

Dr Lee Calderon  
Dr Katherine Donovan  
Dr Bridget Fry  
Dr Catriona Jeffrey  
Dr Susan Lane  
Dr Michael Ngawati  
Dr Ingrid O'Connor  
Dr Hew Price  
Dr Stephen Reid  
Dr Joanna Wang

# Certificates of Advanced Training 2020

During 2020, 80 Fellows were awarded RANZCP Certificates of Advanced Training.

## Addiction Psychiatry

Dr Clifford Baxter  
Dr Bernard Chivaurah  
Dr Mahmoud Elsayed  
Dr Harry Hill  
Dr Robert May  
Dr Vicky Phan  
Dr Usman Riaz  
Dr Kelly Ridley  
Dr Babangida Tiyaite  
Dr Vimal Varkey  
Dr Hyacinta Zavier

## Adult Psychiatry

Dr Al-Amin Hoque  
Dr Catriona Jeffrey  
Dr Hew Price

## Child and Adolescent Psychiatry

Dr Kimberley Adler  
Dr Alice Ayres  
Dr David Carmody  
Dr Claire Chakman  
Dr Adam De Chellis  
Dr Roisin Devlin  
Dr Katherine Donovan  
Dr John Down  
Dr Claudia Espenchied  
Dr Paul Hosking  
Dr Cecilia Innes-Wong  
Dr Jina Jose  
Dr Lawrence Kozlowski  
Dr Izaak Lim  
Dr Danmei Lin  
Dr Jun Ma  
Dr Hannah McMillan  
Dr Laura Mead  
Dr Grace Min  
Dr Pamudi Nawaratne  
Dr Udeni Paranavitane  
Dr Matthias Regner  
Dr James Shelly  
Dr Anuradha Thirupathy  
Dr Melissa White  
Dr Daniel You

## Consultation-Liaison Psychiatry

Dr Jodi Cartoon  
Dr Matthew Cranwell  
Dr Duncan George  
Dr Zena Hume  
Dr Sarah Hutton  
Dr Nabil Malik  
Dr Stefanie Strunk

## Forensic Psychiatry

Dr Brendan Daugherty  
Dr Kathryn Goodenough  
Dr Rachael Griffiths  
Dr Victoria Jackson  
Dr Amisha Jayawant  
Dr Trevor Ma  
Dr Kirsty MacDonald  
Dr Katherine Moss  
Dr Hoa Nguyen  
Dr Sam Calvin Nova Bethania  
Dr Lisi Petaia  
Dr Martin Reading

## Psychiatry of Old Age

Dr Khushboo Baheti  
Dr Catherine Benson  
Dr Asha Chitrarasu  
Dr Sarah France  
Dr Ben Gornall  
Dr Daniel Heard  
Dr Revanthi Injeti  
Dr Chaitra Jose  
Dr Andrew Kaill  
Dr Siddhartha Makwana  
Dr Judith Martin  
Dr Ossama Mikhael  
Dr Tom Rego  
Dr Kailas Roberts  
Dr Jeremy Smith  
Dr Christine Spence  
Dr Joanna Wang

## Psychotherapies

Dr Ganesan Duraiswamy  
Dr Jessica Green  
Dr Swee Ghee Khoo  
Dr Bonita Lloyd

# Vale

## The RANZCP pays tribute to the members who passed away during 2020:

- » Dr William Barclay AM
- » Dr David Bathgate
- » Dr Raymond (Ray) Cash
- » Dr Andrew (Andy) Czechowicz
- » Professor Brian Davies
- » Associate Professor John Fielding
- » Dr Dheeraji Guterres
- » Dr Jan Peter Hardenberg
- » Dr Robyn Hewland QSM
- » Dr Bruce Lean
- » Dr Felicia (Lucy) Len
- » Professor Florence (Flo) Levy AM
- » Dr Norman Lewis
- » Dr Ron Morstyn
- » Dr Subramaniam Muttukumaru
- » Dr Edward Nuffield
- » Dr Anshuman Pant
- » Dr Wilfred Richards
- » Dr Judith Treadwell
- » Dr Michael Waring
- » Dr Maxwell West
- » Dr Juozas (Joseph) Ziukelis

## The RANZCP was informed in 2020 that the following members had passed away in a previous year:

- » Dr Kenneth Bryant
- » Dr Douglas Hibbs
- » Dr Neil Maclean
- » Dr Tisse Appuhamilage Chandrapala Siriwardena

# Contact Us

## Head Office

309 La Trobe Street  
Melbourne VIC 3000  
Australia

T +61 (0)3 9640 0646  
F +61 (0)3 9642 5652

Toll free 1800 337 448  
(calling from Australia)

Toll free 0800 443 827  
(calling from New Zealand)

E [ranzcp@ranzcp.org](mailto:ranzcp@ranzcp.org)

**Office hours**  
Monday–Friday, 9 am–5 pm

## New Zealand National Office

PO Box 10669  
Wellington 6143  
New Zealand

T +64 (0)4 472 7247  
F +64 (0)4 472 7246

E [nzoffice@ranzcp.org](mailto:nzoffice@ranzcp.org)

**Office hours**  
Monday–Friday, 9 am–5 pm

## Australian Branches

### RANZCP ACT Branch

PO Box 152  
Deakin ACT 2600

T +61 (0)2 6160 5740  
F +61 (0)2 6285 2166

E [ranzcp.act@ranzcp.org](mailto:ranzcp.act@ranzcp.org)

**Office hours**  
Monday–Tuesday, 9 am–12.30 pm  
Wednesday–Thursday, 9 am–5 pm

### RANZCP New South Wales Branch

PO Box 280  
Rozelle NSW 2039

T +61 (0)2 9352 3600  
F +61 (0)2 9810 5073

E [ranzcp.nsw@ranzcp.org](mailto:ranzcp.nsw@ranzcp.org)

**Office hours**  
Monday–Friday, 9 am–5 pm

### RANZCP Northern Territory Branch

c/- PO Box 152  
Deakin ACT 2600

T +61 (0)2 6160 5740  
F +61 (0)3 9642 5652

E [ranzcp.nt@ranzcp.org](mailto:ranzcp.nt@ranzcp.org)

**Office hours**  
Monday–Tuesday, 9 am–12.30 pm  
Wednesday–Thursday, 9 am–5 pm

### RANZCP Queensland Branch

PO Box 261  
RBH Post Office  
Herston QLD 4029

T +61 (0)7 3852 2977  
F +61 (0)7 3852 2199

E [ranzcp.qld@ranzcp.org](mailto:ranzcp.qld@ranzcp.org)

**Office hours**  
Monday–Friday, 9 am–5 pm

### RANZCP South Australian Branch

PO Box 103  
Fullarton SA 5063

T +61 (0)8 8431 5042  
F +61 (0)8 8431 3414

E [ranzcp.sa@ranzcp.org](mailto:ranzcp.sa@ranzcp.org)

**Office hours**  
Monday–Friday, 9 am–5 pm

### RANZCP Tasmanian Branch

GPO Box 1236  
Hobart TAS 7001

T +61 (0)3 6270 2260  
F +61 (0)3 6270 2223

E [ranzcp.tas@ranzcp.org](mailto:ranzcp.tas@ranzcp.org)

**Office hours**  
Tuesday–Wednesday, 8.30 am–4.30 pm

### RANZCP Victorian Branch

309 La Trobe Street  
Melbourne VIC 3000

T +61 (0)3 9601 4924  
F +61 (0)3 9600 4281

E [vicbranch@ranzcp.org](mailto:vicbranch@ranzcp.org)

**Office hours**  
Monday–Friday, 9 am–5 pm

### RANZCP Western Australian Branch

Graylands Hospital  
Private Bag 1  
Claremont WA 6910

T +61 (0)8 9284 2138  
F +61 (0)8 9347 6560

E [ranzcp.wa@ranzcp.org](mailto:ranzcp.wa@ranzcp.org)

**Office hours**  
Monday–Friday, 9 am–5 pm



### **RANZCP Board**

**Associate Professor John Allan**  
President

**Associate Professor Vinay Lakra**  
President-Elect

**Associate Professor Neeraj Gill**  
Elected Director

**Associate Professor Beth Kotze**  
Elected Director

**Dr Sue Mackersey**  
Elected Director

**Dr Elizabeth Moore**  
Elected Director

**Dr Nick O'Connor**  
Elected Director

### **Chief Executive Officer**

**Mr Andrew C Peters**



[ranzcp.org](http://ranzcp.org) | [yourhealthinmind.org](http://yourhealthinmind.org)