

Continuing Professional Development Program

Patient Record Audit tool – *Anorexia Nervosa in adults*



The Royal Australian & New Zealand College of Psychiatrists



The RANZCP clinical practice guidelines for the treatment of eating disorders are available at www.ranzcp.org/guidelines

Audit Number (e.g. 1 of 5)	/	Date		
Management of adults with severe and enduring anorexia nervosa				
On initial assessment did you perform the examination or liaise with the patient's General Practitioner to ensure detailed physical examinations are completed? (e.g. weight or calculation of BMI, blood pressure, relevant blood tests, any problems with daily functioning, ECG for people with purging behaviours and/or significant weight changes, bone density etc. as required)		Yes <input type="checkbox"/>	No <input type="checkbox"/>	N/A <input type="checkbox"/>
Did you perform or liaise with the patient's GP to ensure detailed physical health review occurred at least annually?		Yes <input type="checkbox"/>	No <input type="checkbox"/>	N/A <input type="checkbox"/>
Did you focus on an improved adaptive function as a primary goal with the patient, as opposed to a focus on weight gain, improved BMI etc.?		Yes <input type="checkbox"/>	No <input type="checkbox"/>	N/A <input type="checkbox"/>
<ul style="list-style-type: none"> If yes, was an individual eating-disorder-focused CBT (CBT-E); Maudsley Anorexia Nervosa Treatment for Adults (MANTRA); or specialist supportive clinical management (SSCM) offered? 		Yes <input type="checkbox"/>	No <input type="checkbox"/>	N/A <input type="checkbox"/>
<ul style="list-style-type: none"> If no, was an eating-disorder-focused focal psychodynamic therapy (FPT) offered? 		Yes <input type="checkbox"/>	No <input type="checkbox"/>	N/A <input type="checkbox"/>
If your management differed from guideline recommendations: <ul style="list-style-type: none"> - Why? - Were these reasons clearly documented in the clinical notes? <i>Please continue overleaf if required.</i>				
Areas for improvement				
Plan for implementation of areas for improvement				
Comments / Recommendations				

Additional notes if required

The development of this audit tool is an iterative process and the RANZCP Committee for Evidence-Based Practice welcomes feedback on any aspect of this tool via policy@ranzcp.org

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