

# CONNECTIONS AND COMMUNITY

7-9 March, 2025



## Key Presenter: Dr Kym Jenkins

Can our community care for the dislocated and disconnected??

### Learning outcomes

At the end of this session participants will have:

- An understanding of the development and role of the RANZCP asylum seeker and refugee mental health network
- Increased understanding of the mental health challenges facing refugees and asylum seekers, when in detention centres and in the community.
- Increased awareness of the health inequities facing asylum seekers and refugees

## Keeping ourselves connected benefits the community

### Learning outcomes

- Increased understanding of how the health of the health-practitioner impacts upon the communities that they serve and why looking after ourselves is an ethical and professional imperative
- An appreciation that as the practice of medicine changes and evolves so must our approach to “keeping the doctor healthy ”
- An understanding of how preventative strategies that keep us “connected”, such as peer support, fit into the armamentarium of resources available.

CAPE requirements: Both presentations will cover Culturally safe practice, Addressing Health inequities, Professionalism and Ethics.

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**Dr Philip Keightley**

**Mother-Infant Dialectical Behavioural  
Therapy**

## Learning Outcomes

At the end of this session participants will have:

- Understanding of the prevalence and characteristics of perinatal borderline personality disorder
- Understanding of the adaptations that can be made to DBT to tailor to this population

CAPE requirements: presentation will cover Addressing health inequities and Professionalism.



**Prof Paul Fitzgerald**

**An update on the use of rTMS in  
depression and other disorders**

## Learning outcomes

At the end of this session participants will have:

- An up to date understanding of the current evidence underpinning the use of rTMS treatment for depression
- An awareness of emerging indications for rTMS including OCD
- An understanding of new areas of developing application including the use of accelerated rTMS protocols

CAPE Requirements: presentation will cover Professionalism

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Dr Llew Lewis

## New Frontiers in Psychiatry

A psychiatrist's experience with establishing a ketamine assisted psychotherapy practice with psychology colleagues. Insights into ketamine as an antidepressant and a psychedelic treatment for difficult to treat conditions.

### Learning Outcomes:

At the end of this session participants will have:

- An understanding of ketamine's MOA and roles as a biological treatment for depression and as psychedelic medicine
- An understanding of the governance standards and requirements to support psychologists in their practice.
- Learnt from case studies about treatment responses in complex chronic conditions

CAPE Requirements: presentation will cover Professionalism





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## Program

Friday, 7 March 2025

6:00pm - 7:00pm Welcome Reception  
Sponsored by Murrumbateman Specialist Centre

Saturday, 8 March 2025

8:00am - 8:30am Registration coffee/tea

8:30am - 8:40am Welcome

Acknowledgement of Country

8:40am - 9:30am Keynote Dr Kym Jenkins

Can our community care for the dislocated and disconnected??

9:30am - 10:10am Registrar presentations

10:10am - 10:30am Morning tea

10:30am - 11:10am Registrar presentations

11:10am - 12:00pm Debate Restrictive practice/ 0 seclusion

12:00pm - 1:00pm Lunch

1:00pm - 4:00pm Networking activity

6:00pm - 11:00pm Dinner



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## Program continued

Sunday, 9 March 2025

- 8:30am - 9:00am Session rego coffee/tea
- 9:00am - 9:40am Keynote Dr Kym Jenkins,  
Keeping ourselves connected benefits the community
- 9:40am - 10:20am Dr Phillip Keightley,  
Mother-Infant Dialectical Behavioural Therapy
- 10:20am - 10:50am Morning Tea
- 10:50am - 11:30am Professor Paul Fitzgerald,  
An update on the use of rTMS in depression and other disorders
- 11:30am - 12:10pm Dr Llew Lewis,  
New Frontiers in Psychiatry
- 12:10pm - 1:10pm Lunch
- 1:30pm End of Conference

